

CITY OF OAK RIDGE RECREATION AND PARKS DEPARTMENT

BASKETBALL LEAGUE RULES – 2013-2014

1. ROSTER FORMS AND MEDICAL RELEASE:

Player rosters are limited to 15 active members per team.

- a. The manager does not count unless he plays.
- b. Each participant in league play, including non-playing managers, **MUST PERSONALLY** sign an Oak Ridge Recreation and Parks Roster and Medical Release Form before he/she participates. These forms also serve as a notice of potential injury and a hold harmless form. The hold harmless agreement releases the Recreation and Parks Department and any other person connected with league basketball of any responsibility in case of an accident.
- c. Additional players - deadline for adding players is **December 27, 2013**. No changes in roster will be allowed after this date. Only the coach or manager may add names to rosters. The following are due 24 hours in advance of their participation.
 1. Roster/Medical Release Form must be signed and returned to Recreation and Parks Department.
 2. Non-resident fee, if applicable, must be paid or resident verification submitted.

2. REGISTRATION AND FEES:

To register for league play, Roster and Medical Release forms must be submitted along with league fees, non-resident fees and proofs of residency at the time of registration. Note should be taken with regard to league space limitations (16 teams maximum on a first come, first served basis) and registration deadlines. NON-RESIDENT FEES ARE TO BE PAID ONE TIME PER SEASON PER SPORT. No refunds will be given for league fees once a team commitment has been made.

3. ELIGIBILITY

Coaches of teams are responsible for the eligibility of their players and shall be held accountable by the Recreation and Parks Department to furnish proof of eligibility. To be eligible, players:

- a. Must be 18 years of age.
- b. Must have personally signed official roster and medical release form.
- c. Must be able to verify identity.
 1. ALL players utilized by a team are required to produce, upon request, verification of identity, which exhibits their picture or signature. IF A PLAYER REFUSES TO SHOW HIS OR HER I.D., THE GAME CAN BE PROTESTED AND, IF UPHOLD, WILL BE DECLARED A FORFEIT. If the issues can be resolved on the court, the officials should attempt to do so. If the issue is not resolved, a protest must be filed and normal review followed.
 2. Any player in question regarding his identity will be required to place his signature on the game sheet.
- d. Any team found to be playing with an ineligible player after game play has begun will forfeit that game. The offending player will be suspended for one week from all play in leagues and tournaments organized by the Oak Ridge Recreation & Parks Department.

4. UNIFORMS:

- a. Teams are encouraged to use jerseys that are legally numbered.
- b. No two (2) players may use the same number during a game.
- c. It is suggested that players conform to the TSSAA rule on uniforms; however, league requirements will be:
 1. Team jerseys must be worn with non-duplicated, one or two digit numbers preferably using only numerals 0, 1, 2, 3, 4 & 5.
 2. If a team does not have jerseys, the same color shirts with non-duplicated numbers must be worn or the City will provide numbered vests.
 3. When two teams are wearing the same colored jerseys, the team without uniform, printed jerseys will be required to wear the City vests. If both teams have uniform jerseys, a coin toss will determine who wears the City vests.
 4. Clothing with inappropriate language/graphics will not be allowed. (See Department Dress Code)
- d. All players must wear non-marking athletic shoes.

5. LEAGUE RULES:

- a. Leagues will be governed by the playing rules of the current TSSAA Basketball Guide. Exception: Local league rules shall supersede TSSAA rules.
- b. The league organizer will provide basketballs.
- c. Game times will be 6:00, 7:00, 8:00 & 9:00 pm.
- d. The game will consist of four ten-minute quarters (running time) with a two-minute half time. Clock will only be stopped for timeouts and during the last 2 minutes of the game if there is less than a 10-point lead.
- e. All overtimes will be 2 minutes.
- f. League games will begin on time unless late running games force a delay. Rosters are due at the Scorer's table 10 minutes prior to the scheduled start of a game. No grace period is allowed. A team must have 5 players to start a game.
- g. No dunking or contact with the rim is allowed. Player will receive a technical foul, be ejected from the game, suspended from the next game and receive a two-week suspension. Game suspensions will carry over from one season to the next, if necessary. **Dunking at any point in the final tournament game will result in an automatic forfeit of that game.**
- h. **Delay of game reminders:** - Due to the running clock, players are expected to make every effort to keep play going. Subs must check-in at the scorekeeper's table and be ready to enter or leave the court quickly. Dead balls should be returned to the referee as quickly as possible. Players will receive a technical foul for intentional delay of game.
 - A player shall not while closely guarded, hold or dribble the ball for 5 seconds. Delay of game will be called and the ball will be awarded to the opponent.
 - During a throw-in, the ball must be thrown within 5 seconds or less once the throw-in starts until the ball is released.
 - A free throw shall be made within 10 seconds after the ball has been placed at the disposal of the free thrower.
 - A player shall not be in continuous control of a ball, which is in his or her backcourt for 10 seconds.
- i. Players are not allowed to sit at Scorer's table.
- j. Players will not be permitted to play if undergarments are blatantly exposed. No jewelry, watches or hard hair holders will be worn during the game. No head covering, other than sweatbands, will be allowed.
- k. Scorekeepers and Timekeepers will be instructed to stop the game until any confusion or distraction occurring at the scorer's table is eliminated. Persistent disturbance at the scorer's table shall result in a forfeiture of the game by that team.
- l. Only players and coaches are allowed on team bench. Players' children are not allowed on the team bench.
- m. The coach is responsible for the conduct of his players. Players ejected from the game must leave the facility.
- n. There will be two timeouts per half.
- o. Players must report to the Scorer's table before entering game.
- p. Each team will play 10 regular season games. League fees are based on cost of officials, awards, scorers and equipment.
- q. No refunds will be given once a team commitment has been made.
- r. A team with a 20-point lead or more cannot "press" anytime during game. The first violation will result in a warning; the second and beyond will result in a one shot technical foul. *(This technical foul is not counted as a foul for unsportsmanlike conduct.)*
- s. **EVEN THOUGH BASKETBALL IS A NON-CONTACT SPORT, PARTICIPANTS ARE WARNED THAT THE POSSIBILITY OF INJURY DOES EXIST.**
- t. League Champion will be determined by total number of games won. In the event of a tie, head-to-head score will determine league champion. If teams have played each other twice in a season and split one and one, then total score of each team in the two games will determine the winner. If a tie still exists, performance against common competitors will determine the league champion.
- u. Forfeits –
 1. Failure of an ejected player to leave the premises within 5 minutes (out of sight and sound) will result in his team forfeiting the ball game. The premise includes the general area: building and parking lot.
 2. If a team of 5 eligible players cannot be fielded at the scheduled starting time, the team ready to play shall win by forfeit. Game time is forfeit time. There will be no grace period for late arrivals.

3. Any team found to be playing with an ineligible player after game play has begun will forfeit that game. The offending player will be suspended for one week from all play in leagues and tournaments organized by the Oak Ridge Recreation & Parks Department.
 4. Any league team to forfeit 3 games during their regularly scheduled league play will not be allowed to participate in the league tournament.
 5. Games forfeited on make-up dates will not be counted against teams in regards to disqualification.
6. UNSPORTSMANLIKE CONDUCT – TECHNICAL FOULS, SUSPENSIONS & FORFEITS:
- a. Player Technical Fouls
A single flagrant technical foul or the second technical foul charged to a player will result in the player being ejected from the remainder of the current game plus the next scheduled game.
 - b. Team Technical Fouls
The third technical foul assigned to a team for unsportsmanlike conduct will result in the disqualification of the team and forfeiture of the game.
 - c. **The league administrator reserves the right to move to a zero tolerance policy at any point during the course of a season if warranted by recurring inappropriate behavior within the league.**
 - d. Players, managers, coaches, etc., who are guilty of unsportsmanlike conduct will incur the following:
 1. Ejection from the remainder of the current game plus the next scheduled game.
 2. A second ejection during the season will result in an automatic suspension of four (4) games up to a maximum of 12 months' suspension.
 3. Game suspensions will carry over from one season to the next, if necessary.
 4. Any participant ejected must leave the premises within 5 minutes. The premises include the general area: building and parking lot.
 5. Failure to leave will result in that person's team forfeiting the game.
 6. Any person receiving a suspension has the right to appeal, in writing, within a forty-eight (48) hour period. Appeals are to be directed to the athletic office, Recreation and Parks Department.
 7. Cursing or any type of profanity will not be permitted at any time.
 8. Any verbal or physical abuse of an official or player is an automatic year suspension.
 9. One year suspensions will include all Recreation and Parks facilities, including the Civic Center Recreation Building and Library, the Municipal Pool, Scarboro Community Center and all City Parks.
7. PROTESTS:
- a. When making a protest, you must notify the referee/official scorekeeper before the start of the clock. A written protest will be submitted to the Athletic Office of the Recreation and Parks Department by 5:00 PM of the next working day after a protested game. A \$25 protest fee must accompany the written protest. No protest money will be necessary in tournament play.
 - b. The Recreation and Parks Department shall render a decision in writing within five days (excluding Saturdays, Sundays, and holidays) after receiving a protest.
 - c. In all tournaments sponsored by the Recreation and Parks Department, the protest must be resolved prior to the start of the clock. (b.1 pertains to league games).
 - d. The only type of protest, which may be filed, is a rule interpretation.
 - e. REFEREE'S JUDGMENT DECISION CANNOT BE PROTESTED.
 - f. The Recreation and Parks Department will handle all protests.
8. In the event of inclement weather call the Information Line at 425-3453 to find out if games are canceled. If the line has not been updated, call the Recreation and Parks Department at 425-3450.
When games are called because of inclement weather, teams will be notified of the make up time.
9. SCHEDULING: Games shall be scheduled at the discretion of the Recreation and Parks Department. NO games will be rescheduled because of individual team conflicts. The only games that will be rescheduled will be those caused by weather, gym conflicts and scheduling conflicts as determined by the Recreation and Parks Department.

TSSAA and City of Oak Ridge Basketball Rules regarding BENCH PERSONNEL

The head coach is responsible for the conduct and behavior of players on the court, substitutes (players on the bench), disqualified team members and all other bench personnel. Bench personnel shall not:

Commit an unsporting foul. This includes, but is not limited to, acts or conducts such as:

- Disrespectfully addressing, baiting or taunting an official.
- Attempting to influence an official's decision.
- Using profane or inappropriate language or obscene gestures.
- Disrespectfully addressing, baiting or taunting an opponent.
Note: Any form of taunting which is intended or designed to embarrass, ridicule or demean others under any circumstances including on the basis of race, religion, gender or national origin will not be tolerated.
- Objecting to an official's decision by rising from the bench or using gestures.
- Inciting undesirable crowd reactions.
- Team member(s) not remaining seated on the bench unless spontaneously reacting to an outstanding play by a member of their team and immediately returning to their seat or reporting to the scorer's table.

Penalty

- A technical foul will be charged to the player (and indirectly to the team) with each violation.
- A single flagrant foul or second technical foul charged to a player during the course of the game will result in disqualification of the offender. This player must immediately leave the facility and parking lot.
- Three technical fouls for unsportsmanlike conduct charged to a team will result in forfeiture of the game.
- A second ejection during the season will result in an automatic suspension of four games up to a maximum of 12 months' suspension.

ANY VERBAL OR PHYSICAL ABUSE OF A PLAYER OR OFFICIAL WILL RESULT IN AN AUTOMATIC ONE YEAR SUSPENSION.

ONE YEAR SUSPENSIONS WILL BE FROM ALL CITY FACILITIES!

Coaches' Rule

The head and assistant coaches must remain seated on the bench at all times while the clock is running or is stopped except to:

- Rise to request a time out.
- Confer with the scorer's table.
- Replace or remove a disqualified/injured player.
- Rise in front of their seat to spontaneously react to an outstanding play by a member of their team or to acknowledge replaced players, but must immediately return to their seat.
- Confer with players within the bench area during a charged time-out or between quarters and extra periods.

Department Guidelines:

Any verbal abuse by spectators of staff, officials, players, etc. will result in a one-week suspension from all City facilities. Excessive verbal abuse will result in a one-month suspension.