








WEEKLY SCHEDULE

MON 9AM-5PM	TUE 9AM-9PM	WED 9AM-5PM	THR 9AM-9PM	FRI 9AM-5PM	SAT 8:30AM-4:30PM
9-10 S.M.I.L.E. 9-10 Walking Group 11-12 Tai Chi 11-3 Pinochle 1-4 Open Bridge	9-3 Rook/Canasta 9-10 Walking Group 9:15-10:30 Exercise for Seniors 12-3 Senior Citizens Club 6-7 Zumba 6:30-8:30 Bingo	9-12 Woodcarving 9-10 S.M.I.L.E. 9-10 Walking Group 1-4 Bridge 1-4 Mahjong	9-3 Rook/Canasta 9-10 Walking Group 9-10:30 T.O.P.S. 9:15-10:30 Exercise for Seniors 10-11:30 Blood Pressure 1-4 Bridge 6-7 Zumba 6:30-8:30 Bingo	Guitar Lessons 9-10 Beginners 10-11 Advanced 9-10 Banjo Lessons 9-10 Walking Group 9-10 S.M.I.L.E. 9-5 Open Crafts 11-12 Tai Chi	Recreation Room and Computer Lab Open All Day

This Month's Non-Weekly Events

				1)	2)
4) 9:30-11 S.A.B. <u>Tax Assistance By Appointment Only</u>	5)  4:30-6:30 Tech Tuesday Bingo Snacks Sponsored by Morning Pointe	6) Beginning Today No Lunch On Wednesdays Until Further Notice	7) Bingo Snacks Sponsored by Greenfield	8)	9)
11)  10:30 -2 Mighty Musical Monday 2-4 Retired Teachers <u>Tax Assistance By Appointment Only</u>	12)	13) Lunch and Learn: Silver Sneakers and Curves Exercise Program 	14)	15)	16)
18)	19) Lunch and Learn: Hearing Screenings and Hearing Aid Cleanings by Beltone 	20)	21) 1-3 A.A.R.P	22) Bill Attkisson Memorial 8-ball Tournament 	23)
25)	26) 9-10 Walking Group to meet at Oak Ridge Marina 	27)  9-4 Trip to the Titanic Museum in Pigeon Forge	28)	29)	30)

NO LUNCH ON WEDNESDAYS UNTIL FURTHER NOTICE

LUNCH SERVED 11:00 - 11:30 A.M. BY RESERVATION ONLY

CALL [425-3996](tel:425-3996) OR [691-2551](tel:691-2551) BY NOON THE DAY BEFORE TO RESERVE A MEAL.

OAK RIDGE SENIOR CENTER

April 2016 Activities

INCOME TAX PREPARATION ASSISTANCE Hurry in and beat the IRS deadline of April 18th this year. AARP Tax counselors will be available to help prepare your income tax return on Mondays through April 11th. They work by appointment only; call the Center at 425-3999 to make your appointment. Bring a copy of last year's return with you and any relevant paperwork for the 2015 tax year.

LUNCH AND LEARN "Sliver Sneakers Program" This educational class will be held by the Oak Ridge Curves on April 13th at noon. The Curves program is a female only exercise program that can be done by all ages and fitness levels. Call the Senior Center office at 425-3999 to reserve a spot.

MIGHTY MUSICAL MONDAY TRIP Come join us on April 11th for a trip to the Tennessee Theatre to hear Dr. Bill Snyder and Paul Swiderski play the Mighty Wurlitzer organ, along with special guest vocalist Erin Shellman. We will leave the Senior Center at 10:30 a.m. and plan to return by 2 p.m. A brown bag lunch of a sandwich, chips, and a dessert may be purchased in the lobby for \$5.00 while supplies last. Soft drinks, bottled water, popcorn, and candy will also be available for purchase. Cost for the trip is \$3 per person to cover gas and parking. Space is very limited so sign up in the office as soon as possible.

LUNCH AND LEARN "Hearing Screenings and Hearing Aid Cleanings" Beltone will be here on April 19th from 12 p.m. – 2 p.m. to do hearing screenings and hearing aid cleanings. They will also provide lunch for those who sign up in the office.

BILL ATTKISSON MEMORIAL 8-BALL TOURNAMENT Friday April 22nd, starting at 9 a.m. in the Senior Center Recreation Room, for people age 50 and older. You must be registered by noon, April 18, 2016. There is a \$12 registration fee to participate.

TITANIC MUSEUM TRIP Come join us for a trip to the Titanic Museum on Wednesday, April 27th. Please sign up in the office as soon as possible because space is very limited. We will be leaving from the Oak Ridge Senior Center at 9:00 a.m. and returning by 4:00 p.m. The cost for the trip will be \$25.00 per person and lunch will be on your own.

FIELD TRIP FOR WALKING GROUP The walking group will meet at the Oak Ridge Marina Parking lot to walk outside on April 26th at 9:00 a.m. We will walk for about an hour, weather permitting. Check with the front desk on the day before to find out about weather related postponements.

CENTER HOURS

Tuesday, Thursday - 9:00 a.m. to 9:00 p.m.
Monday, Wednesday and Friday - 9:00 a.m. to 5:00 p.m.
Saturday - 8:30 a.m. to 4:30 p.m.
Closed on Sunday

BUSINESS OFFICE HOURS

(For Transportation Coupon Sales)
Monday through Friday - 9:00 a.m. to 4:00 p.m.
OAK RIDGE SENIOR CENTER 728 EMORY VALLEY RD. 425-3999

