

Check out our website at [www.orrecparcs.org](http://www.orrecparcs.org)

## WEEKLY SCHEDULE

MON 9AM-5PM	TUE 9AM-9PM	WED 9AM-5PM	THR 9AM-9PM	FRI 9AM-5PM	SAT 8:30AM-4:30PM
9-10 S.M.I.L.E. 9-10 Walking Group 10-11 Tai Chi 11-3 Pinochle 1-4 Open Bridge	9-3 Rook/Canasta 9-10 Walking Group 12-3 Senior Citizens Club 1:30-3:30 Computer Classes 6-7 Zumba Gold 6:30-8:30 Bingo	9-12 Woodcarving 9-10 S.M.I.L.E. 9-10 Walking Group 10-11 Tai Chi 1-4 Bridge 1-4 Mahjong	9-3 Rook/Canasta 9-10 Walking Group 9-10:30 T.O.P.S. 10-11:30 Blood Pressure 1-4 Bridge 6:30-8:30 Bingo	9-11 Guitar Jam Session 11:30-12:30 Banjo Lessons 9-10 Walking Group 9-10 S.M.I.L.E. 9-5 Open Crafts	Recreation Room and Computer Lab Open

## This Month's Non-Weekly Events

1)	2)	3)	4)	5)  11:30 – 1 Senior Center Holiday Reception City Tree Lighting at Civic Center at 6:30 p.m.	6)
8) 9-11 S.A.B.	9)  5:15 – 6:30 Bingo Holiday Supper	10)	11) 12-1 A.A.R.P. <u>Board Meeting</u>	12)  11:30 Recreation Room Holiday Lunch	13)
15)	16)	17) 10-12 C.O.R.R.E.	18) 12-2 A.A.R.P	19)	20)
22)	23)	24) Center Closed	25) Center Closed	26)	27)
					
29)	30)	31)			

NO LUNCH ON WEDNESDAYS UNTIL FURTHER NOTICE  
LUNCH SERVED 11:00 - 11:30 A.M. BY RESERVATION ONLY.  
CALL 425-3996 OR 691-2551 BY NOON THE DAY BEFORE TO RESERVE A MEAL.



# Oak Ridge Senior Center

## December 2014 Activities

In case of bad weather, call the Center at 425-3999 for early closings or event cancellations. Be careful!

### HOLIDAY CLOSINGS:

The Center will be closed December 24<sup>th</sup> and 25<sup>th</sup> for the Christmas holidays as well as January 1<sup>st</sup> for the New Year's holiday.

### HOLIDAY LUNCHEONS:

**AARP** – Thursday, December 18<sup>th</sup> from noon – 2:00 p.m.

**T.O.P.S.** - Thursday, December 11<sup>th</sup> in room 54 after the day's regular meeting

No **Guitar lessons** during December- they'll start again on January 9<sup>th</sup>. However, Jam Sessions will continue.

**SENIOR CENTER HOLIDAY RECEPTION:** Friday, December 5<sup>th</sup> from 11:30-1:00 **in the gym**. Meet your friends at the Center and enjoy some free light lunch refreshments, holiday music, and door prizes. There will be goodie bags for all attendees. Use the computer, play pool, or play cards afterwards if you wish.

**BINGO HOLIDAY DINNER:** Tuesday, December 9<sup>th</sup>. Plan to arrive at 5:15 p.m. with your covered dish, as we will eat at 5:30 p.m. The meat and beverage will be provided. We'll need you to bring things like salads, starches, vegetable dishes, and desserts - all your best recipes! A sign-up sheet will be sent around during bingo or sign up in the office to make sure we get a good variety of side dishes. We'll play Bingo as usual starting at 6:30 p.m.

**RECREATION ROOM LUNCH BUFFET:** Friday, December 12<sup>th</sup>. The Recreation Room will celebrate the holidays with a finger-food buffet served starting at 11:30 a.m. Plan to bring something to share and to lunch on sandwiches and treats with the guys in the pool room!

### COMING IN JANUARY

**ATHRITIS FOUNDATION WALK WITH EASE CLASS** Walk With Ease is a fitness program that can reduce pain and improve overall health. If you can be on your feet for 10 minutes without increased pain, you can have success with this program. An organization meeting is scheduled for January 12<sup>th</sup> at noon. See office for more information as we get closer.

### CENTER HOURS

Tuesday and Thursday - 9:00 a.m. to 9:00 p.m.  
Monday, Wednesday, Friday - 9:00 a.m. to 5:00 p.m.  
Saturday - 8:30 a.m. to 4:30 p.m.  
Closed on Sunday

### BUSINESS OFFICE HOURS

(For Transportation Coupon Sales)  
Monday through Friday - 9:00 a.m. to 4:00 p.m.  
OAK RIDGE SENIOR CENTER 728 EMORY VALLEY RD. 425-3999

