









WEEKLY SCHEDULE

MON 9AM-5PM	TUE 9AM-9PM	WED 9AM-5PM	THR 9AM-9PM	FRI 9AM-5PM	SAT 8:30AM-4:30PM
9-10 S.M.I.L.E. 9-10 Walking Group 11-3 Pinochle 1-4 Open Bridge	9-3 Rook/Canasta 9-10 Walking Group 9:15-10:30 Exercise for Seniors 12-3 Senior Citizens Club 6-7 Zumba 6:30-8:30 Bingo	9-12 Woodcarving 9-10 S.M.I.L.E. 9-10 Walking Group 1-4 Bridge 1-4 Mahjong	9-3 Rook/Canasta 9-10 Walking Group 9-10:30 T.O.P.S. 9:15-10:30 Exercise for Seniors 10-11:30 Blood Pressure 1-4 Bridge 6-7 Zumba 6:30-8:30 Bingo	Guitar Lessons 9-10 Beginners 10-11 Advanced 9-10 Banjo Lessons 9-10 Walking Group 9-10 S.M.I.L.E. 9-5 Open Crafts	Recreation Room and Computer Lab Open All Day

This Month's Non-Weekly Events

1) 9-11 S.A.B.	2)  4:30-6:30 Tech Tuesday	3) Lunch and Learn: Brain Health: Can Alzheimer's Disease Be Prevented? Sponsored by Brookdale Senior Living 	4)	5)	6)  Wear Your Favorite NFL Team Colors for Free Coffee Today!
8) 2-4 Retired Teachers <u>Tax Assistance By Appointment Only</u>	9)	10)	11)  3:30-5 Valentine's Day Ice Cream Social	12)	13)
15)  Closed for Presidents' Day	16)	17)	18) 1-3 A.A.R.P	19)	20)
22) <u>Tax Assistance By Appointment Only</u>	23)	24) Lunch and Learn: Department of Labor Benefits Sponsored by Patriot Home Care 	25)	26)	27)
29) 11:30 -? Chili Cook Off  <u>Tax Assistance By Appointment Only</u>					Don't Forget Your Sweetheart on Sunday the 14 th !

LUNCH SERVED MONDAY THROUGH FRIDAY, 11:00 - 11:30 A.M. BY RESERVATION ONLY.

CALL 425-3996 OR 691-2551 BY NOON THE DAY BEFORE TO RESERVE A MEAL.

OAK RIDGE SENIOR CENTER

February 2016 Activities

BAD WEATHER /CLOSINGS: In case of bad weather, call the Center at 425-3999 to see if we will be closing early, or if your event has been cancelled. **The Senior Center will be closed for Presidents' Day on February 15th. The Senior Nutrition Lunch program will be closed if Anderson County Schools are closed due to weather and/or road conditions.**

TECH TUESDAY Join us on the 1st Tuesday of the Month from 4:30 p.m. – 6:30 p.m. with questions about your electronic toys and gadgets. Representatives from area computer stores will be available to answer general questions. Staff from Tech Stop Downtown West in Knoxville will be here on February 2nd.

VALENTINE'S DAY ICE CREAM SOCIAL Come join us on February 11th from 3:30 p.m. – 5:00 p.m. for an ice cream party for Valentine's Day. We will be having ice cream sundaes with all the trimmings and romantic music supplied by our wonderful guitar group! There is no cost for this activity but please sign up in the office so we have don't run out of ice cream.

LUNCH AND LEARN "Brain Health: Can Alzheimer's Disease Be Prevented?" This is an interactive education program about brain agility and actions that can be taken to minimize decline in brain function. It is sponsored by Brookdale Senior Living. There is no cost for this program but there are limited spaces available and you must sign up in the main office or by calling us at 425-3999.

LUNCH AND LEARN "Department of Labor Benefits" Come in at noon on February 24th to find out information about what benefits are available and who can qualify for them. The talk and lunch is sponsored by Patriot Home Care. Call the main office at 425-3999 to reserve a space for lunch.

INCOME TAX PREPARATION ASSISTANCE: AARP Tax counselors will be available to help prepare your income tax return on Mondays, starting February 8th. They work by appointment only, so call the Center at 425-3999 to hold your spot. Bring a copy of last year's return with you, any relevant paperwork for the 2015 tax year, and a **photo ID and Social Security Card** for all those included on the return. If you are filing a joint return, both parties will need to be available to sign the return. Come take advantage of this great free program for seniors!

CHILI COOK-OFF Join us on Monday, February 29th at 11:30 a.m. to sample some delicious pots of chili. If you think your chili is the best around, then stop by the office and pick up an entry form to prove it! Is chili just not your thing? We will also have a soup division as well. Toppings and drinks will be provided by the Senior Center.

COMING IN MARCH

AARP SENIOR DRIVER SAFETY PROGRAM: This Saturday class is perfect for those who are still working Monday thru Friday. The class will be held on March 12th from 8:30 a.m. to 4:30 p.m. Cost is \$15.00 for AARP members and \$20.00 for non-members. Call 425-3999 to reserve a place in the class. Take this refresher course and be a safer driver!

CENTER HOURS

Tuesday, Thursday - 9:00 a.m. to 9:00 p.m.
Monday, Wednesday and Friday - 9:00 a.m. to 5:00 p.m.
Saturday - 8:30 a.m. to 4:30 p.m.
Closed on Sunday

BUSINESS OFFICE HOURS

(For Transportation Coupon Sales)
Monday through Friday - 9:00 a.m. to 4:00 p.m.
OAK RIDGE SENIOR CENTER 728 EMORY VALLEY RD.
425-3999

