





## WEEKLY SCHEDULE

MON 9AM-5PM	TUE 9AM-9PM	WED 9AM-5PM	THR 9AM-9PM	FRI 9AM-5PM	SAT 8:30AM-4:30PM
9-10 S.M.I.L.E. 9-10 Walking Group 11-3 Pinochle 1-4 Open Bridge	9-3 Rook/Canasta 9-10 Walking Group 9:15-10:30 Exercise for Seniors 12-3 Senior Citizens Club 6:30-8:30 Bingo	9-12 Woodcarving 9-10 S.M.I.L.E. 9-10 Walking Group 1-4 Bridge 1-4 Mahjong	9-3 Rook/Canasta 9-10 Walking Group 9-10:30 T.O.P.S. 9:15-10:30 Exercise for Seniors 10-11:30 Blood Pressure 1-4 Bridge 6:30-8:30 Bingo	Guitar Lessons 9-9:45 Beginners 9:45-10:30 Beginners 10:30-11:15 Advanced  1:00-2:00 Banjo Lessons 9-10 Walking Group 9-10 S.M.I.L.E. 9-5 Open Crafts	Recreation Room and Computer Lab Open

## This Month's Non-Weekly Events

1) 9-11 S.A.B.	2)	3)	4)	5)	6)
8)	9)	10)	11) 12-1 A.A.R.P. <u>Board Meeting</u>	12)  Center Closed	13)  Center Closed
15)	16)	17) 10-12 C.O.R.R.E.	18) Noon – 1 Lunch and Learn Ombudsman Program 12-2 A.A.R.P Luncheon Meeting	19)	20)
22)	23) 9-10 Walking Group Meet at 9 a.m. at Civic Center 	24)	25)	26) 12-4 Secret City Card Party 	27)
29) Taxi Coupon Recertification	30) Taxi Coupon Recertification	31)	Zumba Gold will be taking a break until September		

LUNCH SERVED MONDAY THROUGH FRIDAY, 11:00 - 11:30 A.M. BY RESERVATION ONLY.

CALL 425-3996 OR 691-2551 BY NOON THE DAY BEFORE TO RESERVE A MEAL.

# Oak Ridge Senior Center Activities

## June 2015

**JUNE CLOSINGS** The Center is closed on Friday June 12<sup>th</sup> and Saturday June 13<sup>th</sup> during the Secret City Festival at Bissell Park. Plan to attend the festival activities!

**SECRET CITY CARD AND GAME PARTY** Friday June 26<sup>th</sup>, starting at 12 noon in Room 58 of the Oak Ridge Senior Center. This event is free, but you need to register to reserve a spot and bring a plate of finger food refreshments to share for the buffet table. Call the Senior Center at 425-3999 by June 22<sup>nd</sup> to make your reservation. Look forward to an enjoyable afternoon of cards, games, a finger food buffet luncheon, and door prizes.

**FIELD TRIP FOR WALKING GROUP** The walking group will meet at the Civic Center, to walk outside on June 23<sup>rd</sup>. We will meet at 9:00 a.m. and walk for about an hour weather permitting.

**LUNCH AND LEARN "East Tennessee Ombudsmen Program"** Come in on June 18<sup>th</sup> at noon to hear Cindy Troyer discuss how to become involved with this important volunteer program. The Ombudsman program trains and certifies volunteers throughout East TN to advocate for residents in long-term care facilities (*nursing homes, assisted living centers, and residential homes for the aged*). This advocacy is achieved through weekly visits to your assigned facility, investigation of complaints, and resolution of issues affecting residents. There is no cost for this program but there are limited spaces available and you must sign up in the main office or by calling us at 425-3999.

### QUARTERLY LUNCHEON MEETING

- **AARP** - Thursday, June 18<sup>th</sup>, luncheon meeting from 12 – 2 p.m.

**TRANSPORTATION COUPON RECERTIFICATION** Business office hours during Transportation Coupon Recertification on June 29<sup>th</sup> and 30<sup>th</sup> will be **9-11 a.m. and 1-3 p.m. only**. Please note the change in time for the Business Office for these two days. Individuals already enrolled in the program, will be sent a letter stating a time and a day to come for recertification.

### CENTER HOURS

Monday, Wednesday & Friday - 9:00 a.m. to 5:00 p.m.  
Tuesday, Thursday - 9:00 a.m. to 9:00 p.m.  
Saturday - 8:30 a.m. to 4:30 p.m.  
Closed on Sunday

### BUSINESS OFFICE HOURS

(For Transportation Coupon Sales)  
Monday through Friday - 9:00 a.m. to 4:00 p.m.

**EXCEPTION: June 29<sup>th</sup> & 30<sup>th</sup>: 9 – 11 a.m. & 1 – 3 p.m. only**

OAK RIDGE SENIOR CENTER 728 EMORY VALLEY RD. 425-3999

The Senior Center will be closed all day on July 3<sup>rd</sup>. Have a Happy Independence Day!

