

WEEKLY SCHEDULE

MON 9AM-5PM	TUE 9AM-9PM	WED 9AM-5PM	THR 9AM-9PM	FRI 9AM-5PM	SAT 8:30AM-4:30PM
9-10 S.M.I.L.E. 9-10 Walking Group 11-3 Pinochle 1-4 Open Bridge	9-3 Rook/Canasta 9-10 Walking Group 9:30-10:30 Exercise for Seniors 12-3 Senior Citizens Club 6-7 Zumba Gold 6:30-8:30 Bingo	9-12 Woodcarving 9-10 S.M.I.L.E. 9-10 Walking Group 1-4 Bridge 1-4 Mahjong	9-3 Rook/Canasta 9-10 Walking Group 9-10:30 T.O.P.S. 9:30-10:30 Exercise for Seniors 10-11:30 Blood Pressure 1-4 Bridge 6-7 Zumba Gold 6:30-8:30 Bingo	Guitar Lessons 9-9:45 Beginners 9:45-10:30 Beginners 10:30-11:15 Advanced 1:00-2:00 Banjo Lessons 9-10 Walking Group 9-10 S.M.I.L.E. 9-5 Open Crafts	Recreation Room and Computer Lab Open

This Month's Non-Weekly Events

				1)	2)
4) 9-11 S.A.B.	5)	6)	7)	8)	9)
11)	12)	13) 12-1 Lunch and Learn: Hospice Vs. Home Health Care	14) 12-1 A.A.R.P. <u>Board Meeting</u>	15)	16)
18) 	19) 9-10 Walking Group to meet at Solway Park 	20) 10-12 C.O.R.R.E.	21) 1-3 A.A.R.P	22)	23)  11:30-? Free Chicken and Dumpling Lunch
25)  Closed for Memorial Day	26)	27)	28)	29)	30)

LUNCH SERVED MONDAY THROUGH FRIDAY, 11:00 - 11:30 A.M. BY RESERVATION ONLY.
 CALL [425-3996](tel:425-3996) OR [691-2551](tel:691-2551) BY NOON THE DAY BEFORE TO RESERVE A MEAL.

Oak Ridge Senior Center

May 2015 Activities

MAY CLOSINGS The Center will be closed on Monday, May 25th for the Memorial Day holiday.

LUNCH AND LEARN “Hospice Verses Home Health Care” Angela Weber from Avalon Hospice will be here at noon to speak on the pros and cons of hospice care verses home health care. There is no cost for this program but there are limited spaces available and you must sign up in the main office or by calling us at 425-3999.

FIELD TRIP FOR WALKING GROUP The walking group will meet at Solway Park to walk the Melton Lake Greenway on May 19th at 9:00 a.m. to walk for about an hour, weather permitting. Check with the front desk on the day before to find out about weather related postponements. We will meet in the parking area closest to Haw Ridge by the greenway entrance.

FREE CHICKEN AND DUMPLING LUNCH Come join us for delicious homemade chicken and dumplings on Saturday, May 23rd at 11:30. We will begin serving at 11:30 a.m. and continue until they are gone! So it's first come, first serve. There is no cost for this lunch but donations will be accepted.

COMING IN JUNE:

SECRET CITY CARD AND GAME PARTY Friday, June 26th starting at noon in Room 58 of the Oak Ridge Senior Center. This was formerly a bridge party but now we are including **all kinds of games and activities**. The event is free, but please register because seating is limited. Don't forget to bring a plate of finger food refreshments to share for the buffet table. Call the Senior Center at 425-3999 by June 22nd to make your reservation. Look forward to an enjoyable afternoon of bridge, board games, other card games, a finger food buffet luncheon, and door prizes.

SECRET CITY FESTIVAL This year's dates are June 12th and 13th. The featured concerts are *the Marshall Tucker Band* on Friday evening and *Three Dog Night* on Saturday evening. Tickets are \$20 each show. Early Bird discount tickets on sale now until May 31st at a special price of \$17 each. Find out more information at www.SecretCityFestival.com. Tickets can be purchased online, at the Civic Center Front Desk, or by calling 865-482-4432 beginning May 1st. The Senior Center will be closed all day on Saturday, June 14th.

TAXI COUPON RECERTIFICATION June 29th and 30th

CENTER HOURS

Tuesday, Thursday - 9:00 a.m. to 9:00 p.m.
Monday, Wednesday & Friday - 9:00 a.m. to 5:00 p.m.
Saturday - 8:30 a.m. to 4:30 p.m.
Closed on Sunday

BUSINESS OFFICE HOURS

(For Transportation Coupon Sales)
Monday through Friday - 9:00 a.m. to 4:00 p.m.
OAK RIDGE SENIOR CENTER (P.O. Box 1) 728 EMORY VALLEY RD. 425-3999