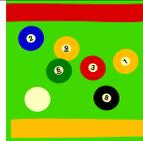


WEEKLY SCHEDULE

MON 9AM-5PM	TUE 9AM-9PM	WED 9AM-5PM	THR 9AM-9PM	FRI 9AM-5PM	SAT 8:30AM-4:30PM
9-10 S.M.I.L.E. 9-10 Walking Group 10-11:30 Tai Chi 11-3 Pinochle 1-4 Open Bridge	9-3 Rook/Canasta 9-10 Walking Group 10-3 Senior Citizens Club 6:30-8:30 Bingo	9-12 Woodcarving 9-10 S.M.I.L.E. 9-10 Walking Group 10-11:30 Tai Chi 1-4 Bridge 1-4 Mahjong	9-3 Rook/Canasta 9-10 Walking Group 9-10:30 T.O.P.S. 10-11:30 Blood Pressure 1-4 Bridge 6:30-8:30 Bingo 6:30-8:30 Ballroom Dancing	9-11 Guitar Jam Sessions 9-10 Walking Group 9-10 S.M.I.L.E. 9-5 Open Crafts	Only Recreation Room and Computer Lab Open

This Month's Non-Weekly Events

<p>Don't forget to set back your clocks on November 3rd and change Batteries in your Smoke Detectors!</p> 			1)	2)	
4) 9-11 E.C.A.B. 12-3:30 W. Club Bridge	5)	6) 12-4 Survivors Club	7)	8) 9-5 Recreation Room Open House! 	9)
11) 10:30-12:30 Veteran's Day Pancake Brunch 2-4 Retired Teachers 	12) Walking Group meet at the Oak Ridge Marina at 1 p.m. 	13)  8:30-5:30 Shopping Trip to Tanger Outlets	14) 12-1 A.A.R.P. Board Meeting	15)	16) 9:30-3:30 Free Car Winterization Check Today!! 
18) 12-3:30 W. Club Bridge	19)	20) 2-4 C.O.R.R.E.	21) 11-12:30 Writers Group 1-3 A.A.R.P	22) 12-1 Lunch and Learn: American Red Cross Disaster Preparedness Class for Seniors	23)
25)	26)	27)	28) Center Closed	29) Center Closed	30) Center Closed
					

LUNCH SERVED MONDAY THROUGH FRIDAY, 11:00 - 11:30 A.M. BY RESERVATION ONLY.
CALL [425-3996](tel:425-3996) OR [691-2551](tel:691-2551) BY NOON THE DAY BEFORE TO RESERVE A MEAL.

OAK RIDGE SENIOR CENTER NOVEMBER 2013 ACTIVITIES

DAYLIGHT SAVINGS TIME ENDS Daylight savings time ends on November 3rd.

NOVEMBER CLOSINGS The Center will be closed for the Thanksgiving Holidays, Thursday through Saturday, November 28th – 30th. The Kitchen will be closed on November 11th.

RECREATION ROOM OPEN HOUSE Come in on November 8th and check out our newly recovered pool tables and our new exercise room and lounge. Bring a plate of finger foods to share at noon!

VETERAN'S DAY PANCAKE BRUNCH A free pancake brunch honoring our Center's veterans will be held on Monday November 11th serving from 10:30a.m.-12:30 p.m. All are invited: veterans, spouses, friends of veterans, etc. Sign up at the front desk or call 425-3999 by November 8th so we have an accurate meal count.

PAJAMA DAY Be comfortable and wear your p.j.'s when you come in for the pancake brunch on November 11th!

SENIOR SHOPPING TRIP On November 13th, we will be taking a shopping trip to the Tanger Outlets in Pigeon Forge and stop for lunch at the Applewood Farmhouse Restaurant. Cost for the trip will be \$5.00 but **does not** include the cost of lunch. We will be leaving the Senior Center at 8:30 a.m. and returning around 5:30 p.m. Sign up in the front office or call us at 425-3999. Space is limited so sign up early!

LUNCH AND LEARN "Disaster Preparedness Class for Senior Citizens" The American Red Cross will present this class on being prepared for natural disasters on November 22nd at noon. The class is free and lunch will be provided. Please sign up in the front office.

CAR WINTERIZATION CHECK Bring your car by the Senior Center on November 16th between 9:30 a.m. and 3:30 p.m. The Senior Center is partnering with Details Auto Care to provide a 12-point check of your vehicle to make sure you are ready for winter!

FIELD TRIP FOR WALKING GROUP The walking group will meet at the Oak Ridge Marina on November 12th at 1 p.m. to walk trail. Please check with the front desk on the day before the walk to find out about weather related postponements or cancellations.

COMING IN DECEMBER 2013

AARP SENIOR DRIVER SAFETY PROGRAM Learn to be a safer driver in this 8-hour class held on December 5th and 6th, from 9 a.m.-1 p.m. both days. Cost is \$14. You must attend both days. Reserve your place in this session by calling the Center at 425-3999.

BINGO HOLIDAY DINNER The dinner will be held on Tuesday, December 11th. Plan to arrive at 5:15 p.m. with your covered dish, as we will eat at 5:30 p.m. We'll send around a sign up sheet at Bingo so that we will have a good variety of dishes.

CENTER HOURS

Tuesday and Thursday - 9:00 a.m. to 9:00 p.m.
Monday, Wednesday and Friday - 9:00 a.m. to 5:00 p.m.
Saturday - 8:30 a.m. to 4:30 p.m.

Closed on Sunday

BUSINESS OFFICE HOURS

(For Transportation Coupon Sales)

Monday through Friday - 9:00 a.m. to 4:00 p.m.

OAK RIDGE SENIOR CENTER 728 EMORY VALLEY ROAD 425-3999

