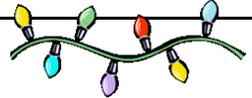


WEEKLY SCHEDULE

MON 9AM-5PM	TUE 9AM-9PM	WED 9AM-5PM	THR 9AM-9PM	FRI 9AM-5PM	SAT 8:30AM-4:30PM
9-10 S.M.I.L.E. 9-10 Walking Group 11-3 Pinochle 1-4 Open Bridge	9-10 Walking Group 9:15-10:30 Gentle Movement 11:30-12:30 Spanish Class 12-3 Senior Citizens Club 6-7 Zumba Gold 6:30-8:30 Bingo	9-12 Woodcarving 9-10 S.M.I.L.E. 9-10 Walking Group 1-4 Bridge 1-4 Mahjong	9-10 Walking Group 9-10:30 T.O.P.S. 9:15-10:30 Gentle Movement 10-11:30 Blood Pressure 1-4 Bridge 6-7 Zumba Gold 6:30-8:30 Bingo	9-11 Guitar Jam Sessions 9-10 Walking Group 9-10 S.M.I.L.E. 9-5 Open Crafts	Recreation Room and Computer Lab Open All Day 12-1 Tech Savvy Saturdays

This Month's Non-Weekly Events

	1) Bingo Snacks Sponsored By Morning Pointe	2) 9:30-1:30 Drivers Training  11-5 Lunch and a Movie Day Trip	3) 9:30-1:30 Drivers Training Bingo Snacks Sponsored By Greenfield Oak Ridge	4)  9-Ball Tournament Begins at 9 a.m. Today!	5)  12-1 Tech Savvy Saturdays
7) 9:30-11 S.A.B.	8)	9)  9-5 Knoxville Zoo Day Trip	10)	11) 10:30-12:30 Veteran's Day Pancake Brunch 	12)
14) 2-4 Retired Teachers	15) 1-2 Diabetes Education Class with Munsey Pharmacy 	16) 12-1 Lunch and Learn: Saving on Pharmacy and Medical Supplies Sponsored by Riggs Drugs 	17)  1-3 A.A.R.P.	18)	19)
21)	22)	23)	24) Center Closed	25) Center Closed	26) Center Closed
					
28)	29)	30)  4-8 Dinner and Lights at Market Square Trip	Don't forget to set back your clocks on Saturday night, November 5 th and change Batteries in your Smoke Detectors! 		

NO LUNCH ON WEDNESDAYS UNTIL FURTHER NOTICE
LUNCH SERVED 11:00 - 11:30 A.M. BY RESERVATION ONLY.
CALL 425-3996 OR 691-2551 BY NOON THE DAY BEFORE TO RESERVE A MEAL.

OAK RIDGE SENIOR CENTER

NOVEMBER 2016

DAYLIGHT SAVINGS TIME ENDS Daylight savings time ends on Saturday November 5th. Make sure to set back your clocks before bedtime and check the batteries in your smoke detectors.

NOVEMBER CLOSINGS The Center will be closed for the Thanksgiving Holidays, Thursday through Saturday, November 24th – 26th. The Kitchen will be closed on November 11th.

DAY TRIP TO LUNCH AND A MOVIE This month's lunch and a movie will be at the Regal Cinemas at West Town Mall with lunch on your own at the food court. The trip will be on Wednesday, November 2nd. We will leave the center at 11:00 a.m. and return by 5 p.m. Cost for the trip will be \$3. Lunch and movie cost is on your own. Sign up in the office. Payment is due upon registration.

AARP SENIOR DRIVER SAFETY PROGRAM Learn to be a safer driver in this 8-hour class held on November 2nd and 3rd, from 9:30 a.m.-1:30 p.m. both days. Cost is \$15 for AARP Members and \$20 for Non Members. You must attend both days. Reserve your place in this session by calling the Center at 425-3999.

SENIORS 9-BALL TOURNAMENT Friday, November 4th. Cost is \$12 per participant, registrations must be received by 12 noon, October 31st. Tournament play will be one category with brackets filled by random draw of registered participants. Play starts promptly at 9 a.m. Refreshments and a light lunch provided. 1st, 2nd, & 3rd place will be awarded. Call 425-3999. Tournament player guests wanting to eat lunch with the tournament may do so provided we know at the time of registration. Cost for the extra lunch is \$5.00.

KNOXVILLE ZOO DAY TRIP Join us for fun filled trip to the Knoxville Zoo on November 9th. We will leave the Senior Center at 9 a.m., stop for a donut and coffee at Krispy Kreme, tour the zoo and then stop for a late lunch at Jackie's Dream Restaurant. Cost for the trip will be \$15 for gas and admission to the zoo. Donuts and lunch will be on your own. Space is limited so see the office to sign up as soon as possible!

VETERAN'S DAY PANCAKE BRUNCH A free pancake brunch honoring our Center's veterans will be held on Friday November 11th serving from 10:30a.m.-12:30 p.m. All are invited: veterans, spouses, friends of veterans, etc. Sign up at the front desk or call 425-3999 by November 7th so we have an accurate meal count.

LUNCH AND LEARN "Saving Money on Pharmacy and Medical Supplies" Jeff Olsen of Riggs Drugs will speak on ways to save money on your pharmacy and medical supplies on November 16th at noon. Please sign up in the office to be counted for lunch.

DINNER AND LIGHTS AT MARKET SQUARE Come out with us to get some Holiday cheer at Market Square in downtown Knoxville. We will be leaving the Senior Center at 4 p.m. to have dinner in Market Square and then we will walk and look at the Holiday lights and decorations. We will return by 8 p.m. Cost for the trip is \$3. Sign up soon in the office

CENTER HOURS

Tuesday and Thursday - 9:00 a.m. to 9:00 p.m.
Monday, Wednesday and Friday - 9:00 a.m. to 5:00 p.m.
Saturday - 8:30 a.m. to 4:30 p.m.
Closed on Sunday

BUSINESS OFFICE HOURS

(For Transportation Coupon Sales)

Monday through Friday - 9:00 a.m. to 4:00 p.m.

OAK RIDGE SENIOR CENTER 728 EMORY VALLEY ROAD 425-3999

