













WEEKLY SCHEDULE

MON 9AM-5PM	TUE 9AM-9PM	WED 9AM-5PM	THR 9AM-9PM	FRI 9AM-5PM	SAT 8:30AM-4:30PM
9-10 S.M.I.L.E. 9-10 Walking Group 11-3 Pinochle 1-4 Open Bridge	9-10 Walking Group 9:15-10:30 Gentle Movement 11:30-12:30 Spanish Class 12-3 Senior Citizens Club 6-7 Zumba Gold 6:30-8:30 Bingo	9-12 Woodcarving 9-10 S.M.I.L.E. 9-10 Walking Group 1-4 Bridge 1-4 Mahjong 2-3 Taiji	9-10 Walking Group 9-10:30 T.O.P.S. 9:15-10:30 Gentle Movement 10-11:30 Blood Pressure 1-4 Bridge 6-7 Zumba Gold 6:30-8:30 Bingo	Guitar Lessons 9-10 Beginners 10-11 Advanced 11:30 -12:30 Banjo Lessons 9-10 Walking Group 9-10 S.M.I.L.E. 9-5 Open Crafts	Recreation Room and Computer Lab Open All Day 12-1 Tech Savvy Saturdays

This Month's Non-Weekly Events

3) 9:30-11 S.A.B.	4)  ETHRA Touch Screen Device Classes Start Today! Bingo Snacks Sponsored By Morning Pointe	5)  11-5 Lunch and a Movie Day Trip	6) Bingo Snacks Sponsored By Greenfield Oak Ridge	7)  Guitar Class Graduation Celebration at 9:30 a.m.!	1/8)  Tech Savvy Saturdays (Come out Every Saturday between 12-1 for help!)
10) 2-4 Retired Teachers	11) Spanish Class Begins Today at 11:30!  (See Office for More Information)	12) 12-1 Lunch and Learn: Voter Registration Information 	13)	14)	15)
17)	18) 1-2 Diabetes Education Class with Munsey Pharmacy 	19)  10-2 Fall Color Boat Trip	20)  1-3 A.A.R.P (Come Join them for Bingo Today!)	21)	22)
24)	25) 5-6 Halloween Party  (Stay and Play Bingo Afterward)	26)  11:30-4 Fall Color Boat Trip	27)	28)	29)
31) 					

NO LUNCH ON WEDNESDAYS UNTIL FURTHER NOTICE
LUNCH SERVED 11:00 - 11:30 A.M. BY RESERVATION ONLY.
CALL 425-3996 OR 691-2551 BY NOON THE DAY BEFORE TO RESERVE A MEAL.

OAK RIDGE SENIOR CENTER

OCTOBER 2016

TECH SAVVY SATURDAYS is a new program to provide help with issues involving laptops, tablets, phones and other electronic devices. Students from local high schools will be here on Saturdays from noon to 1 p.m. to give advice and answer questions. Check with the office for more information.

DAY TRIP TO LUNCH AND A MOVIE This month's lunch and a movie will be at the Regal Cinemas on Gay Street with lunch on your own at Market Square in downtown Knoxville. The trip will be on Wednesday, October 5th. We will leave the center at 11:00 a.m. and return by 5 p.m. Cost for the trip will be \$3 to help cover gas and parking. Lunch and movie cost is on your own. Sign up in the office. Payment is due upon registration.

GUITAR LESSONS October 7th at 9:30 a.m. will be our graduation party for our current guitar students. Lessons will resume the second Friday in January. The class will be on break for the holidays. However, **Jam sessions will continue each Friday at 9 a.m.**

SPANISH LESSONS Spanish classes will be offered beginning October 11th at 11:30 a.m. and will include 10 hour long sessions. Cost will be \$5 per hour long session or \$50 for the entire 10 weeks. See office for more information.

LUNCH AND LEARN: "Voter Registration Information" Make sure your vote counts in this important election year! A speaker from the Anderson County Election Commission will be with us on October 12th at noon to make sure everyone is ready to vote in the November Presidential Election. The talk will include information on voting the day of election but also absentee and early voting. A light lunch will be served so please sign up in the front office by October 10th to be counted.

FALL FOLIAGE BOAT TRIP Join us for a trip to Norris Dam State Park for a fall foliage boat tour of Norris Lake with the State of Tennessee Parks Service. We will be taking the trip twice this month. Cost is \$15 and will cover the boat ride and a picnic lunch provided by the Senior Center. Reserve your spot because space is limited! Dates and times are as follows:

October 19th – Leave the Senior Center at 10:00 a.m. with Boat Tour at 11:00 a.m. and picnic lunch to follow.

October 26th – Leave the Senior Center at 11:30 a.m. Picnic at 12:30 p.m. with Boat Tour at 2 p.m.

SENIOR CENTER HALLOWEEN PARTY Our Halloween Party will be held on Tuesday, October 25th at 5 p.m. Come dressed up in your favorite costume and have a great time. We will have finger foods, spooky music, games and door prizes. Stay and play Bingo afterwards for an evening full of lots of fun.

COMING IN NOVEMBER

AARP SENIOR DRIVER SAFETY PROGRAM will be held November 2nd and 3rd 9:30 a.m. – 1:30 p.m. each day. Cost is \$15.00 for AARP members and \$20.00 for non-members. Call 425-3999 to reserve a place in the class. Take this refresher course and be a safer driver!

SENIORS 9-BALL TOURNAMENT Friday November 4th. Cost is \$12 per participant and registrations must be received by 12 noon, October 31st. Tournament play will be one category with brackets filled by random draw of registered participants. Play starts promptly at 9 a.m. Refreshments and a light lunch provided. 1st, 2nd, & 3rd place Prizes awarded. Call 425-3999. Tournament player guests wanting to eat lunch with the tournament may do so provided we know at the time of registration. Cost for the extra lunch is \$5.00.

DAY TRIP TO KNOXVILLE ZOO Join us for fun filled trip to the Knoxville Zoo on November 9th. We will leave the Senior Center at 9 a.m., stop for a donut and coffee at Krispy Kreme, tour the zoo and then stop for a late lunch at Jackie's Dream Restaurant. Cost for the trip will be \$15 for gas and admission to the zoo. Donuts and lunch will be on your own. See the office to sign up or for more information.

CENTER HOURS

Monday, Wednesday, Friday – 9:00 a.m. to 5:00 p.m.

Tuesday, and Thursday - 9:00 a.m. to 9:00 p.m.

Saturday - 8:30 a.m. to 4:30 p.m.

Closed on Sunday

BUSINESS OFFICE HOURS (For Transportation Coupon Sales)

Monday through Friday - 9:00 a.m. to 4:00 p.m.

OAK RIDGE SENIOR CENTER 728 EMORY VALLEY ROAD 425-3999

