

WEEKLY SCHEDULE

MON 9AM-5PM	TUE 9AM-9PM	WED 9AM-5PM	THR 9AM-9PM	FRI 9AM-5PM	SAT 8:30AM-4:30PM
9-10 S.M.I.L.E. 9-10 Walking Group 10-11 Tai Chi 11-12 Beginners Tai Chi 11-3 Pinochle 1-4 Open Bridge	9-3 Rook/Canasta 9-10 Walking Group 10-3 Senior Citizens Club 1-2 Wii Games 6:30-8:30 Bingo	9-12 Woodcarving 9-10 S.M.I.L.E. 9-10 Walking Group 10-11 Tai Chi 11-12 Beginners Tai Chi 1-4 Bridge	9-3 Rook/Canasta 9-10 Walking Group 9-10:30 T.O.P.S. 10-11:30 Blood Pressure 1-4 Bridge 6:30-8:30 Bingo	Guitar Lessons 9-9:45 Beginners I 9:45-10:30 Beginners II 10:30-11:30 Advanced 9-10 Walking Group 9-10 S.M.I.L.E. 9-5 Open Crafts	Only Recreation Room and Computer Lab Open

This Month's Non-Weekly Events

1) 9-11 E.C.A.B.	2)	3) 12-4 Survivors Club	4) Center Closed for July 4 th Holiday 	5)	6)
8)	9)	10) 11-4 Carbide Retirees Bridge	11) 12-1 A.A.R.P. <u>Board Meeting</u>	12)	13)
15)	16)	17) 11:30 – 5 Senior Citizens' Day at the Anderson County Fair 2-4 C.O.R.R.E. 	18) 11-12:30 Writers Group 1-3 A.A.R.P.	19) 11:30 – 12:30 Senior Center Indoor Picnic 	20)
22)	23) Walking Group to meet at Oak Ridge Civic Center at 9:00 a.m. 	24)	25)	26)	27)
29)	30)	31)	 Recreation Room and Computer Lab open each day during regular operating hours! 		

LUNCH SERVED MONDAY THROUGH FRIDAY, 11:00 - 11:30 A.M. BY RESERVATION ONLY.

CALL 425-3996 OR 691-2551 BY NOON THE DAY BEFORE TO RESERVE A MEAL.

Oak Ridge Senior Center Activities July 2013

JULY CLOSINGS The Senior Center will be closed on Thursday, July 4th for the Independence Day holiday.

TAI CHI will be meeting at the Tai Chi Center on Mondays and Wednesdays for the months of July and August. It is located at 362 East Tennessee Avenue.

SENIOR CITIZENS DAY AT ANDERSON COUNTY FAIR Wednesday, July 17, from 11:30 a.m. to 5 p.m. at the Fair Grounds in Clinton, with free admission for those 60+. Refreshments and Musical Entertainment starts at 11:30 a.m., the Program at 12:30 p.m., and Ice Cream Party at 1:30 p.m. Free goodie bags while they last.

SENIOR CENTER INDOOR PICNIC Come join us on July 19th at 11:30 for a picnic in the gym at the Senior Center. Cost for the meal will be \$3 and we will be having hot dogs, chips, baked beans, watermelon, tea (sweet or unsweetened) or lemonade. Tickets can be purchased at the main desk until July 15th. There will also be a goodie bags, games and door prizes.

FIELD TRIP FOR WALKING GROUP The walking group will meet at the Oak Ridge Civic Center, in the Recreation parking lot, to walk outside on July 23rd. We will meet at 9:00 a.m. and walk for about an hour, weather permitting. Please check with the front desk on the day before to find out about weather related postponements or cancellations.

COMING IN AUGUST

AARP SENIOR DRIVER SAFETY EDUCATION The AARP Senior Driver Safety Program has a class scheduled for July 31st & August 1st, from 9 a.m. – 1 p.m. Cost of the class is \$14.00. Call 425-3999 to reserve a space.

CENTER HOURS

Tuesday, Thursday - 9:00 a.m. to 9:00 p.m.
Monday, Wednesday & Friday - 9:00 a.m. to 5:00 p.m.
Saturday - 8:30 a.m. to 4:30 p.m.
Closed on Sunday

BUSINESS OFFICE HOURS

(For Transportation Coupon Sales)
Monday through Friday - 9:00 a.m. to 4:00 p.m.

OAK RIDGE SENIOR CENTER
728 EMORY VALLEY RD. 425-3999

