

Check out our website at [www.orrecparks.org](http://www.orrecparks.org)

## WEEKLY SCHEDULE

MON 9AM-5PM	TUE 9AM-9PM	WED 9AM-5PM	THR 9AM-9PM	FRI 9AM-5PM	SAT 8:30AM-4:30PM
9-10 S.M.I.L.E. 9-10 Walking Group 10-11:30 Tai Chi 11-3 Pinochle 1-4 Open Bridge	9-3 Rook/Canasta 9-10 Walking Group 10-3 Senior Citizens Club 6:30-8:30 Bingo	9-12 Woodcarving 9-10 S.M.I.L.E. 9-10 Walking Group 10-11:30 Tai Chi 1-4 Bridge 1-4 Mahjong	9-3 Rook/Canasta 9-10 Walking Group 9-10:30 T.O.P.S. 10-11:30 Blood Pressure 1-4 Bridge 6:30-8:30 Bingo	Guitar Lessons 9-9:45 Beginners I 9:45-10:30 Beginners II 10:30-11:30 Advanced  9-10 Walking Group 9-10 S.M.I.L.E. 9-5 Open Crafts	Only Recreation Room and Computer Lab Open

## This Month's Non-Weekly Events

2) Center Closed for Labor Day Holiday 	3)	4) Tai Chi Returns today!  12:30-4 Survivors Club	5)	6)	7)
9) 2-4 Retired Teachers	10) Walking Group meet at Senior Center at 9 a.m. to walk the Emory Valley Greenway Trail 	11)	12)  12-1 A.A.R.P. <u>Board                      Meeting</u>	13)  Go Big Orange! (Free Coffee Today if You Wear Orange)	14)
16) 12-3:30 Women's Club Bridge	17)	18)  2-4 C.O.R.R.E.	19) 11-12:30 Writers Group 12-2 A.A.R.P	20)	21)
23)	24) Walking Group meet at Marina at 9 a. m.   11:30 Senior Citizens Club Quarterly Luncheon	25)	26)	27)	28)
30)	 Recreation Room and Computer Lab open each day during regular operating hours! 				

LUNCH SERVED MONDAY THROUGH FRIDAY, 11:00 - 11:30 A.M. BY RESERVATION ONLY.  
 CALL [425-3996](tel:425-3996) OR [691-2551](tel:691-2551) BY NOON THE DAY BEFORE TO RESERVE A MEAL.

# OAK RIDGE SENIOR CENTER

## September 2013

**SEPTEMBER CLOSINGS** The Center will be closed for Labor Day on Monday, September 2<sup>nd</sup>. The E.C.A.B. meeting has been moved to Monday, September 9<sup>th</sup> at 9 a.m.

**TAI CHI** The Tai Chi program returns to the Senior Center on September 4<sup>th</sup>. Beginners as well as veterans can join us from 10 –11 a.m. on Mondays and Wednesdays.

**FIELD TRIP FOR WALKING GROUP** The walking group will meet at the Oak Ridge Senior Center on September 10<sup>th</sup> at 9 a.m. to walk The Emory Valley Greenway Trail. We will also meet at the Oak Ridge Marina 9 a.m. on September 24<sup>th</sup> and walk by Melton Lake. Please check with the front desk on the day before each walk to find out about weather related postponements or cancellations.

### QUARTERLY LUNCHEON MEETINGS

**AARP:** Thursday, Sept. 19<sup>th</sup>, from noon to 2 p.m. Bring a dish of your favorite recipe to share.

**Senior Citizens Club:** Tuesday, Sept. 24<sup>th</sup>, at 11:30 a.m. Bring a covered dish.

### COMING IN OCTOBER

**AARP SENIOR DRIVER SAFETY PROGRAM** October 2<sup>nd</sup> and 3<sup>rd</sup>, from 9 a.m. - 1 p.m. Cost is \$14.00. Call 425-3999 to reserve a space.

### CENTER HOURS

Monday, Wednesday and Friday - 9:00 a.m. to 5:00 p.m.

Tuesday, Thursday - 9:00 a.m. to 9:00 p.m.

Saturday - 8:30 a.m. to 4:30 p.m.

Closed on Sunday

### BUSINESS OFFICE HOURS

(For Transportation Coupon Sales)

Monday through Friday - 9:00 a.m. to 4:00 p.m.

OAK RIDGE SENIOR CENTER 728 Emory Valley Road

425-3999

