

# APPROVED

## SENIOR ADVISORY BOARD

Minutes of the January 5, 2015 Meeting

The meeting was called to order at 9:05 in the meeting room of the Oak Ridge Senior Center by Chairperson Elizabeth Batchelor.

ECAB members present: Elizabeth Batchelor, Lynne Burchell, Gene Dunaway, LeRoy Gilliam, William Pryor, Alfred Skyberg, and Wendy Williams.

ECAB members absent: Dave McCoy.

Also present: Linda McGhee, Recreation Manager, Oak Ridge Senior Center.

VISITORS: Marty Adler-Jasny

**MINUTES APPROVAL:** Minutes of the December 8, 2014 meeting were approved

### **APPEARANCE OF CITIZENS**

### **REPORTS**

#### SENIOR CENTER RECREATION MANAGER REPORT

Linda McGhee reported the following:

1. Copies of the Senior Center January Activities Calendar were disturbed. The center was closed on January 1<sup>st</sup> and will also be closed on January 19<sup>th</sup> for Martin Luther King Jr. Day. Make sure to call if weather conditions are questionable.
2. There are several exercise and nutrition options available here at the Senior Center. There is the SMILE program, Zumba Gold, and our New Walk with Ease program for exercise. There is also the TOPs Program and Senior Nutrition program for diet needs.
3. Walk with Ease class organizational meeting will be on January 12<sup>th</sup> at noon. Sign up at the office.
4. We are still in need of an exercise program for the gym for Monday, Wednesday, and Friday from 10 – 11 a.m.
5. AARP Drivers Safety class will be held on February 4<sup>th</sup> and 5<sup>th</sup> from 9:30 – 1:30 each day. The cost is \$15 for members and \$20 for non-members.
6. Tax Assistance begins in February. Call on the 19<sup>th</sup> for appointment times.

#### RECENT ACTIONS OF CITY COUNCIL

A 5-year lease agreement with Anderson County Government for space at the DARC to continue housing the Senior Center will be considered by Oak Ridge City Council at its January meeting.

## OAK RIDGE SENIOR FOUNDATION REPORT

None

### **UNFINISHED BUSINESS**

There was an extension through December 31<sup>st</sup> to apply for unfilled seats on all city boards.

The board discussed goals for the new year. Ways to find out information about the senior population in Oak Ridge were looked mentioned. William Pryor said that the City should be responsible for the surveying. He compared it to the schools having good information available to the school board. Gene Dunaway mentioned the survey in the Woodland community that was done by the University of Tennessee and paid for by the City. Lynne Burchell mentioned that Methodist Medical Center might have some demographic type information about the area senior population. She mentioned a Crystal Jordan, who is in their marketing department, as a contact person.

William Pryor also mentioned the ORNL Transportation Research project for area information about transportation issues.

Chairperson Elizabeth Batchelor also mentioned the problem for many older people that food lion closing has caused with there not being a grocery store on this side of town anymore.

### **NEW BUSINESS**

Gene Dunaway brought information on Community Gardens and the possibility of creating one here at the Senior Center to be on the agenda for discussing at the February meeting.

### **ANNOUNCEMENTS**

William Pryor mentioned that the speaker for the January 20<sup>th</sup> meeting of NARFE will be Edgar Herrell a crew member on the USS Indianapolis.

The AARP will be meeting January 15 and will be sharing poetry. There is also a new chapter president, Billy Bates.

### **ADJOURNMENT**

The meeting adjourned at 9:59 a.m.

Submitted by

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Linda McGhee, Recreation Manager

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Elizabeth Batchelor, Board Chairperson