

SENIOR ADVISORY BOARD

Minutes of the May 1, 2017 Meeting

The meeting was called to order at 9:33 a.m. in the B room of the Oak Ridge Civic Center by Chairperson Pat Gengozian.

SAB members present: Pat Gengozian, Lisa Plante, Gene Dunaway, Robert Smallridge, Susan Asbury, and Alfred Skyberg..

SAB members absent: Marty Adler-Jasny, Delores Moyer, Jackie Nichols, Paul Smiddy and Hal Schmitt.

Also present: Linda McGhee, Recreation Manager, Oak Ridge Senior Center.

VISITORS: Ben Pounds with Oak Ridger and Butch Alline.

MINUTES APPROVAL: Minutes of the April 3rd meeting were approved.

APPEARANCE OF CITIZENS

None

REPORTS

SENIOR CENTER RECREATION MANAGER REPORT

Linda McGhee reported the following:

- 1.) The May Calendar of Activities was distributed. The Senior Center will be closed on May 29th for the Memorial Day Holiday. Senior Center Programs will also be closed May 30th through June 1st for Graduation Celebration. The office will be open these days to sell Taxi Coupons only.
- 2.) The AARP Drivers class on May 3rd and 4th is full with 30 participants. The next scheduled class is on August 9th and 10th. Cost is \$15 for AARP members and \$20 for non-members.
- 3.) Join us on May 12 for Red Nose Day with Walgreens. Buy and Red Nose for \$1 and get free coffee all day. Proceeds go to children's' charities.
- 4.) The 8-Ball Tournament has been moved to May 17th due to lack of players. We need about 10 more participants by May 10th. Cost is \$12 and includes light breakfast and lunch.
- 5.) This month's day trip will be to 3rd Thursdays in Downtown Knoxville. There will be a food truck court and free live music. Cost is \$3 to cover transportation cost. Cost of dinner is on your own. We will leave the Civic Center at 4:30 p.m. and return by 8 p.m.
- 6.) There is a new Diabetic Roundtable Support Group beginning on May 23rd at 1 p.m. They will meet on the 4th Tuesdays of the Month. Jim Harless, Senior

- Center participant and 30 year diabetic will lead the group. They will cover topics of interest to those who are living with diabetes.
- 7.) There are also 2 lunch and learns scheduled for this Month. Jazzercise will be here on May 10th to discuss their programs that are good for seniors. Also on May 24th OsteoStrong will be here to discuss issues relating to osteoporosis.

RECENT ACTIONS OF CITY COUNCIL

None

UNFINISHED BUSINESS

The board reviewed and updated the requirements for a new senior center document. Some of the ideas for change included: Changing the large meeting room on the original document to a medium size room that is dividable; Removed support and storage space amounts because the board felt they could not reliably calculate them; More space was added to the media room and exercise room than in the previous document. Some other areas that were discussed included flooring options and checking for recommendations from the National Council on Aging.

NEW BUSINESS

The board made recommendations for speakers they would like to have come in. One idea brought up was someone to speak on grant funding. Another was someone to speak on community outreach.

Also discussed were possible committees. For the publicity/communication committee, Al Skyberg accepted the nomination. For the funding committee, Gene Dunaway accepted the nomination. For the liaison with the Senior foundation, a discussion was held but no nominations were finalized. A board member also mentioned partnering with Covenant Health and said that Jason Biggs was a contact person of note.

ANNOUNCEMENTS

None

ADJOURNMENT

The meeting was adjourned at 11:03 a.m.

Submitted by

Linda McGhee, Recreation Manager

Pat Gengozian, Board Chairperson