

APPROVED

SENIOR ADVISORY BOARD

Minutes of the September 9, 2013 Meeting

The meeting was called to order at 9:05 in the meeting room of the Oak Ridge Senior Center by Chairperson Elizabeth Batchelor.

ECAB members present: Elizabeth Batchelor, Margaret Gottshall, Dave McCoy, Alfred Skyberg, William Pryor, Robert Smallridge, and Gene Dunaway.

ECAB members absent: James Gillespie and Barbara Gunn.

Also present: Linda McGhee, Recreation Manager, Oak Ridge Senior Center.

VISITORS: Lynne Parris and Andrew Bounds from Leadership Oak Ridge.

MINUTES APPROVAL: Minutes of the August 5, 2013 meeting were approved as amended.

APPEARANCE OF CITIZENS

There were no citizens to bring items not on the agenda.

REPORTS

SENIOR CENTER RECREATION MANAGER REPORT

Linda Jackson reported the following:

1. Copies of the Senior Center September Calendar of events were distributed and reviewed.
2. Tai Chi started back at the Senior Center last Wednesday. It will be on Mondays and Wednesdays from 10:00 a.m. to 11:30 a.m. The cost is \$1 donation per visit.
3. The Walking Group will meet on September 10th at 9 a.m. at the Senior Center to walk the Emory Valley Greenway Trail. The group will meet at the Oak Ridge Marina on September 24th at 9 a.m. near the China Palace Restaurant to walk as well.
4. There are lunch meeting this month for the AARP on September 19th at noon and for the Senior Citizens Club on September 24th at 11:30 a.m.
5. The Senior Center will be hosting a Lunch and Learn with Betsy Peterson about downsizing your life as you grow older. It will be at noon on September 20th. The lunch will be provided by Emeritus. There is no cost but please sign up in the office by the 18th.

RECENT ACTIONS OF CITY COUNCIL

No recent actions were reported.

OAK RIDGE SENIOR FOUNDATION REPORT

There was no report for the foundation.

UNFINISHED BUSINESS

Josh Waldo, Assistant Fire Chief, spoke briefly about the assistance identification program and had his picture made signing up Dave McCoy for the program. The board will continue to work to promote this program in the community.

NEW BUSINESS

Elizabeth Batchelor mentioned following up about the transportation issue at the next SAB meeting. It was also mentioned to invite the City Mayor, Tom Beehan, to the next meeting as well.

Dave McCoy asked everyone about helping to publicize the Senior Center.

Al Skyberg asked if there was a program that people could come out to a Senior Citizens house to help him or her get rid of old medications. Liz Batchelor said that would be something like a SCAN program and we do not have one of those in Anderson County. The program is run with the help of a sheriff's department.

ANNOUNCEMENTS.

There will be a meeting regarding Transportation Issues for Senior Citizens at the Anderson County Office on Aging tomorrow, September 10th, at 10:30 a.m.

David Vadrogovich will be speaking on the Affordable Care Act next month on the 25th here at the Senior Center.

October 9th the Anderson County ElderWatch will be holding its second annual Senior Expo in Clinton from 10 a.m. to 2 p.m.

The Senior Citizens Club continues to meet and has about 3 tables of bridge players.

Retired Teachers meet at 2 p.m. on September 9th at the Oak Ridge Senior Center.

ElderWatch will meet on September 19th at 10:00 a.m. at the First Presbyterian Church in Oak Ridge.

NARFE will meet on Tuesday September 17th at noon and the speaker will be Mayor Tom Beehan.

ADJOURNMENT

The meeting adjourned at 9:40 a.m.

Submitted by

Linda McGhee, Recreation Manager