

# OAK RIDGE SENIOR CENTER

# APRIL 2018

Check out our website at [www.orrecparks.org](http://www.orrecparks.org)

Phone: (865) 425-3999

## WEEKLY SCHEDULE

MON 9AM-5PM	TUE 9AM-9PM	WED 9AM-5PM	THR 9AM-9PM	FRI 9AM-5PM	SAT 8:30AM-4:30PM
9-10 S.M.I.L.E. 11-12 Tai Chi 11-3 Pinochle 1-4 Open Bridge	9-2 Pickleball 1-3 Senior Citizens Club 11-11:45 Drop In Exercise 11:50-12:35 Drop In Exercise 5-6 Stay Fit Exercise 6:30-8:30 Bingo	9-10 S.M.I.L.E. 9-12 Woodcarving 1-4 Bridge 2-4 Cornhole	9-2 Pickleball 11-11:45 Drop In Exercise 11:50-12:35 Drop In Exercise 1-4 Bridge 1-4 Mahjong 5-6 Stay Fit Exercise 6:30-8:30 Bingo	Guitar Lessons 9-10 Advanced 9-10 Beginners 10-11 Intermediate 11-12 Bass  9-10 S.M.I.L.E. 10-2 Open Crafts 11-12 Tai Chi 2-4 Cornhole	Recreation Room

## This Month's Non-Weekly Events

2) 9:30-11 S.A.B.	3) Bingo Sponsored by Johnnie Sweet 	4)	5) 10:30-11:30 Blood Pressure Check by Canterfield Senior Living	6)	7)
9) 2-4 Retired Teachers	10) 10- 5 Mouse Trap at the Cumberland County Playhouse Bingo Sponsored by Brookdale Senior Living 	11)	12) Bingo Sponsored by Martin Funeral Home	13)	14)
16)	17) 1-2 Diabetes Education by Munsey Pharmacy Bingo Sponsored by Morning Pointe Senior Living 	18)	19) Bingo Sponsored by East Tennessee Personal Care/Greenfield Senior Living	20) 10-4 Knoxville Home Show 	21)
23)	24) 9-4 Smokies Baseball Trip Bingo Sponsored by Clear Captions 	25) Lunch and Learn: Lunch with Law Enforcement 	26) 10:30-11 Pierce Physical Therapy Talk 10:30-11:30 Blood Pressure Check by Amedisys Bingo Sponsored by Nana Pop-ins	27)	28)
30)	 <p style="text-align: center;"><b>Call Us at 425-3999 for a Ride from the Parking Lot!</b></p>				

NO LUNCH ON TUESDAYS UNTIL FURTHER NOTICE (\*\*Please Note Change in Closing Day)

LUNCH SERVED 11:00 - 11:30 A.M. BY RESERVATION ONLY.

CALL 425-3996 OR 691-2551 BY NOON THE DAY BEFORE TO RESERVE A MEAL.

# OAK RIDGE SENIOR CENTER

# April 2018 Activities

**\*\*\*PLEASE NOTE:** The day of the week that the ETHRA Senior Lunch Program is closed has been changed from Wednesday to Tuesday each week. For any questions, please contact the East Tennessee Human Resources Agency at (865) 691-2551. We are sorry for any inconvenience this may cause.

**ATTENTION INCOME TAXES ARE DUE THIS MONTH:** AARP Tax counselors will not be available to help prepare your income tax return here at the Senior Center this year. However, help is available through the Volunteer Income Tax Assistance Program (VITA). VITA is located at the Trinity Outreach Center at 320 Robertsville Road. The program does not take reservations and is on a first come, first serve basis. Hours of operation will be Tuesday – Friday from 3 p.m. to 8:00 p.m. and Saturday 10 a.m. to 12:30 p.m.

**AGATHA CHRISTIE’S “THE MOUSE TRAP” AT THE CUMBERLAND COUNTY PLAYHOUSE**  
Join us for a day of Mystery and intrigue at the Cumberland County Playhouse on Tuesday April 10<sup>th</sup>. We will leave the Oak Ridge Civic Center at 10:00 a.m. and will return around 5 p.m. Cost for the trip is \$28 and includes transportation and a ticket to the play. Lunch will be on you own at Forte Restaurant on the Square in downtown Crossville. Seating is limited so sign up soon!

**DAY TRIP TO KNOXVILLE HOME SHOW** We will be taking a trip to the convention center in downtown Knoxville on April 20<sup>th</sup> to look at what’s new in home improvement and landscape design. We will leave the Senior Center at 10:00 a.m. and return around 4 p.m. Cost is \$10 with lunch on your own.

**SENIOR DAY AT SMOKIES PARK** Join us for Senior Day at the Smokies Stadium on April 24<sup>th</sup>. We will leave the Oak Ridge Civic Center at 9:00 a.m. with brunch at the Smokies Stadium at 10:30 a.m. We will return as soon as possible following the end of the game. Cost for the trip is \$22 and includes brunch, ticket to game and transportation. Seating is limited so sign up soon!

**LUNCH AND LEARN “Lunch with Law Enforcement”** Join Officer Wendy Zolkowski with the Oak Ridge Police Department for a program about safety and a light lunch on Wednesday, April 25<sup>th</sup>. Call the Senior Center office at 425-3999 to reserve a spot.

## COMING IN MAY 2018

**CARFIT CHECK** The Oak Ridge Senior Center in conjunction with Triple A and the AARP will be sponsoring a spring CarFit check on Wednesday, May 23<sup>rd</sup> from 9 a.m. – 1 p.m. This program can help you set your car up to be safer and more comfortable for you to drive. Call the front desk for more information or to reserve your spot now!

### **CENTER HOURS**

Tuesday, Thursday - 9:00 a.m. to 9:00 p.m.  
Monday, Wednesday and Friday - 9:00 a.m. to 5:00 p.m.  
Saturday - 8:30 a.m. to 4:30 p.m.  
Closed on Sunday

### **BUSINESS OFFICE HOURS**

(For Transportation Coupon Sales)  
Monday through Friday - 9:00 a.m. to 4:00 p.m.  
OAK RIDGE SENIOR CENTER 1403 OAK RIDGE TURNPIKE 425-3999

