

# SENIOR ADVISORY BOARD

Minutes of the February 5, 2018 Meeting

The meeting was called to order at 9:35 a.m. in the B Room of the Oak Ridge Civic Center by Chairperson Pat Gengozian.

SAB members present: Pat Gengozian, Paul Smiddy, Gene Dunaway, Lisa Plante, Robert Smallridge, Marty Adler-Jasny, Alfred Skyberg, Jackie Nichols, and Susan Asbury.

SAB members absent: Richard Hauser.

Also present: Linda McGhee, Recreation Manager, Oak Ridge Senior Center.

VISITORS: Liz Batchelor and Council Person Ellen Smith

**MINUTES APPROVAL:** Minutes of the December 4<sup>th</sup> meeting were approved. The January meeting was cancelled due to weather conditions.

## APPEARANCE OF CITIZENS

None

## REPORTS

### SENIOR CENTER RECREATION MANAGER REPORT

Linda McGhee reported the following:

- 1.) The February Calendar of Activities was distributed. The Senior Center will be closed on February 19<sup>th</sup> for Presidents' Day.
- 2.) A new evening exercise class has begun on February 1<sup>st</sup>. The class is called Stay Fit and will be held on Tuesdays and Thursdays from 5 p.m. to 6 p.m. Coral Shepard who is a registered nurse will be teaching the class. It is a free class and will focus on strengthening and flexibility as well as light aerobics.
- 3.) The Senior Center will celebrate Mardi Gras on February 13<sup>th</sup> we will have free gumbo, king cake and party favors beginning at 11:30 a.m.
- 4.) The Senior Center Valentine's Day Ice Cream Social will be held on February 14<sup>th</sup> from 3:30 p.m. to 5:00 p.m. We will have ice cream sundaes as well as crown a king and queen for the day. The cost is free but please sign up in the office for a head count.
- 5.) There will be a painting class on February 17<sup>th</sup> at 1 p.m. Cost is \$25 and includes all materials. See office for more information.
- 6.) This month's day trip will be to the Cumberland Homesteads in Crossville. Lunch will be on your own at Cumberland Mountain State Park. Cost is \$3 to help with transportation.

- 7.) We continue to give out information about the VITA tax assistance program. They are located at 320 Robertsville Road at the Trinity Outreach Center. They are available Tuesdays thru Thursdays from 3 p.m. to 8 p.m. and Saturdays from 10 a.m. to 12:30 p.m.

## RECENT ACTIONS OF CITY COUNCIL

None

## **UNFINISHED BUSINESS**

Board members Jackie Nichols and Marty Adler-Jasny met with Crystal Jordan with the MMC Marketing department to discuss the possible sponsorship of our exercise room in our new building. Crystal said that MMC was excited about the idea of helping. Senior Center Manager, Linda McGhee, said that she had also contacted Ms. Jordan and had thanked her for her interest and told her that she would get back to her with a “wish list” of items that would be useful to have in the room such as exercise bikes, treadmills and other equipment. Linda mentioned that she was currently waiting on information from the architect on what types of equipment could fit in the area before sending the information. Board members decided to discuss this more fully at a later time.

The board also discussed the AAUW (Association of American University Women) meeting in which Jacene Phillips of Studio 4 Design brought plans for the new Senior Center and discussed them with the general public. Board member Marty Adler-Jasny was in attendance at the meeting and reported the basics to the group. She mentioned reminders to Jacene about ADA accessible toilets and extra grab bars in stalls. Also mentioned in the meeting by Liz Batchelor was the location of the recreation room being to close to the front of the building. Ms. Batchelor was also present at this Senior Advisory Board meeting as a concerned citizen and wanted the board to have a public meeting about the project. Also present was City Council person Ellen Smith. Ms. Smith mentioned that the board could request that the city schedule a public meeting as well as post information at the Senior Center. Chairperson Pat Gengozian said she would request that from the city staff and it was decided to have it at a later time than the usual morning meeting time so that other seniors could easily attend.

## **NEW BUSINESS**

The Senior Advisory Board re-elected Pat Gengozian Chairperson of the board and Robert Smallridge Vice Chairperson with a unanimous vote of members present.

Board member Gene Dunaway made a motion the board send a letter to the City Manager and City Council commending the Recreation and Parks department and Senior Center staff for the great job they did keeping programs running since the move last January. The motion was seconded and approved unanimously.

## **ANNOUNCEMENTS**

None

## **ADJOURNMENT**

The meeting was adjourned at 11:45 a.m.

Submitted by

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Linda McGhee, Recreation Manager

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Pat Gengozian, Chairperson