

SENIOR ADVISORY BOARD

Minutes of the May 7, 2018 Meeting

The meeting was called to order at 9:31 a.m. in the B Room of the Oak Ridge Civic Center by Chairperson Pat Gengozian.

SAB members present: Pat Gengozian, Gene Dunaway, Lisa Plante, Paul Smiddy, Robert Smallridge, Marty Adler-Jasny, and Susan Asbury.

SAB members absent: Alfred Skyberg, Richard Hauser and Jackie Nichols.

Also present: Linda McGhee, Recreation Manager, Oak Ridge Senior Center.

VISITORS: Mary Stephens

MINUTES APPROVAL: Minutes of the April 2nd meeting were approved.

APPEARANCE OF CITIZENS

None

REPORTS

SENIOR CENTER RECREATION MANAGER REPORT

Linda McGhee reported the following:

- 1.) The May Calendar of Activities was distributed. The Senior Center will be closed for Memorial Day on May 28th and will also be closed for activities from May 29- 31 for the Graduation Celebration Event. However, the office will be open from 9:00 a.m. to 4 p.m. to sell Taxi Coupons. Regular hours will resume on June 1st.
- 2.) Our Bargain Shopping Trip did not have enough sign-ups for the May 2nd date but we will try it again at a later time. Our McCloud Mountain Trip did have both a full van and car load on May 4th.
- 3.) There will be a free genetic cancer screening on May 8th from 5 p.m. to 8 p.m. Make sure you bring your red, white and blue Medicare card to take part.
- 4.) Karns Chiropractic will be here on Wednesday, May 9th from 1 p.m. to 3 p.m. to give free massages. Stop by the office and reserve a spot.
- 5.) The AARP Drivers Safety Class will be held on May 9th and 10th from 9:30 a.m. to 1:30 p.m. Cost for the class is \$15 for AARP members and \$20 for non-members. Sign up in the office.
- 6.) Red Nose Day will be held on May 11th from 9 a.m. to 11a.m. Come in a purchase a red nose from Walgreens for \$1 and receive free coffee for the day. Proceeds go to various children's charities.

- 7.) The Senior Center will be taking a train trip to Missionary Ridge in Chattanooga on National Train Day which is May 12th. The cost for the trip will be \$20 and lunch will be on our own around Hamilton Place Mall.
- 8.) Stop by the Wellness Fair on Wednesday, May 16th from 12 p.m. – 4 p.m. It is open to the public and there will be free screenings, demos, and door prizes.
- 9.) There is a Lunch and Learn on May 22nd at noon. Brookdale Assisted will be discussing what assisted living actually is. Please sign up in the office to be counted for lunch.
- 10.) The Senior Center will be sponsoring the CarFit educational program on Wednesday, May 23rd from 9 a.m. to 1 p.m. The program was started by AAA, AARP and the American Occupational Therapist Organization to make sure older drivers are being as safe as possible in their autos. Sign up in the office to reserve a spot.
- 11.) Passed out a new newsletter format for the Senior Center Calendar to get feedback from board members.

RECENT ACTIONS OF CITY COUNCIL

None

UNFINISHED BUSINESS

Board Chairperson Pat Gengozian mentioned that she spoke with both Jacene Phillips with Studio Four Design and also City Manager Mark Watson about the New Senior Center project but she didn't have any new news to report. She said that she would continue to check with the City Manager and attend any work sessions or council meetings. Board member Marty Adler-Jasny mentioned that even if we don't have an exact ground breaking date that we should still keep in touch with Covenant Health about sponsoring our exercise room.

Lisa Plante made a generous donation of exercise equipment that can be used in the Lobby area of the current Senior Center space and can also be taken to the new building as well.

NEW BUSINESS

Board member Gene Dunaway asked if the board could look at information regarding the AARP Livable Community initiative and how the board could do this for Oak Ridge. He mentioned Kingsport, Tennessee as a model from which to draw.

ANNOUNCEMENTS

None

ADJOURNMENT

The meeting was adjourned at 10:25 a.m.

Submitted by

Linda McGhee, Recreation Manager

Pat Gengozian, Chairperson