

SENIOR ADVISORY BOARD

Minutes of the August 5, 2019

The meeting was called to order at 9:34 a.m. in the D room of the Oak Ridge Civic Center by Vice Chairperson Robert Smallridge.

SAB members present: Marty Adler-Jasny, Susan Asbury, Gene Dunaway, Jackie Nichols, Paul Smiddy, David Vudragovich, Lisa Plante, Robert Smallridge and Al Skyberg.

SAB members absent: Pat Gengozian.

Also present: Linda McGhee, Recreation Manager, Oak Ridge Senior Center.

VISITORS: Ellen Smith, City Council Person and Lisa Rentenbach.

MINUTES APPROVAL: Minutes of the July 1, 2019 meeting were approved.

APPEARANCE OF CITIZENS

None

REPORTS

SENIOR CENTER RECREATION MANAGER REPORT

Linda McGhee reported the following:

- 1.) The Senior Center will have its 3rd Annual Senior Outdoor Pool Party on August 7, 2019 from 10 a.m. to 1 p.m. Woodmen Life will be sponsoring hotdogs and chips. The Senior Center will provide water, baked beans and cookies. The MyRide program will have a table set up to recruit volunteers.
- 2.) Beginner Tai Chi resumes in the gym on August 5th with an open house with regular classes to start on August 7th. Classes will be on Mondays and Wednesdays from 11 a.m. to 12:15 p.m. A donation of \$2 per class is requested.
- 3.) There will be an AARP Driver Safety Class on August 7th and 8th from 9:30 a.m. to 1:30 p.m. Cost for class is \$15 for AARP members and \$20 for non-members.
- 4.) There will be two exercise classes beginning on August 13th on Tuesdays and Thursdays with the UT Extension Office of Anderson County. Stay Strong, Stay Healthy will be from 11 a.m. to 12 p.m. and Tai Chi for Arthritis will be from 12 p.m. to 1 p.m. Both classes are free but space is very limited. See office for details.
- 5.) There will be a Lunch and Learn with Professional Case Management on August 20th at noon. The topic will be "What is the EEOICPA" and will discuss sick worker compensation available for DOE facility workers.

- 6.) Beginning guitar class instructor Wendell Cook will be back on August 23rd after a serious bout of pneumonia.
- 7.) There will be two day trips this month. The 2nd Waterfall, Wine and Cheese trip will be held on August 19th from 9 a.m. to 5 p.m. Cost is \$10 but the trip is currently full with a waiting list for a possible 3rd trip in September. There is also a trip to see "Don't Dress for Dinner" at the Cumberland County Playhouse on August 27th from 10 a.m. to 6 p.m. Cost is \$30 with lunch on your own at the Cracker Barrel Restaurant.

RECENT ACTIONS OF CITY COUNCIL

None

UNFINISHED BUSINESS

Senior Center Manager, Linda McGhee made a report on furniture for the new building. The furniture is scheduled to be delivered during the 1st week of September with installation to follow. Citizen Mary Stephens also reported that she would check the status of a possible grant for furniture from Y-12 Federal Credit Union. Linda McGhee also reported that Covenant Health is scheduled to deliver the exercise equipment later in the month. They will be giving the items asked for as well as some other equipment from their Crossville facility that is closing.

Ms. McGhee also reported that the MyRide program continues to move forward. There has been a temporary employee hired to help with the program. His name is Ken Mayes and he will be starting on Wednesday at the Senior Outdoor Pool Party. There is also a training scheduled for August 17th from 9 a.m. to noon and Linda and Denise West from ETHRA will be appearing on WVLT's afternoon show on August 13th to briefly talk about the program.

Marketing of the MyRide program was also discussed with the importance of getting the word out to other civic groups stressed. Marty Adler-Jasny asked that board members who made contacts with groups would send her the information so that we could keep all the information in one place.

Also membership was discussed and a sample rider handbook was passed around for the steering committee to look over, discuss and/or make corrections.

NEW BUSINESS

Decorating both the inside and the outside of the new Senior Center building was briefly discussed. Board member Al Skyberg mentioned the possibility of mural on the outside concrete area at some point to brighten the building. Also Board member Gene Dunaway mentioned decorating the inside of the building with local senior artwork.

ANNOUNCEMENTS

Mary Stephens mentioned that the Free Medical Clinic was having its annual fundraiser on August 10th. The theme will be "Boot Scoot Bash" at St. Mary's in Oak Ridge. Proceeds go to help the clinic continue operations.

ADJOURNMENT

The meeting was adjourned at 10:55 a.m.

Submitted by

Linda McGhee, Recreation Manager

Robert Smallridge, Board Vice Chairperson