

# SENIOR ADVISORY BOARD

Minutes of the January 6, 2019

The meeting was called to order at 9:35 a.m. in the B room of the Oak Ridge Senior Center by Chairperson Pat Gengozian.

SAB members present: Susan Asbury, Pat Gengozian, Marty Adler-Jasny, Gene Dunaway, Jackie Nichols, Lisa Plante, Robert Smallridge, and David Vudragovich.

SAB members absent: Al Skyberg Paul Smiddy.

Also present: Linda McGhee, Recreation Manager, Oak Ridge Senior Center and Ken Mayes, MyRide Oak Ridge Assistant.

VISITORS: Ellen Smith, City Council Person.

**MINUTES APPROVAL:** Minutes of the December 2, 2019 meeting were approved with a change to the final line of the new business section to say that "QMB does not automatically renew annually.

## APPEARANCE OF CITIZENS

None

## REPORTS

### SENIOR CENTER RECREATION MANAGER REPORT

Linda McGhee reported the following:

- 1.) The Senior Center was closed on January 1st for the New Year's Holiday. The center will also be closed on Monday, January 20<sup>th</sup> for the Martin Luther King Jr. Holiday. If there are weather issues please call the Senior Center before coming to make sure we are open. The Senior Center Facebook page will be updated with closures as well.
- 2.) Mac's Pharmacy will be offering Flu Shots from 10 a.m. to noon on Friday January 10<sup>th</sup>. Make sure to bring your insurance cards with you.
- 3.) There will be a Lunch and Learn about the Cold War Patriots Program with Professional Case Management on Tuesday, January 21<sup>st</sup> at noon. They will have information on who is eligible for benefits and how to get them. Please call ahead to be counted for lunch.
- 4.) The Senior Center will be having our Annual Chili Cook-Off on January 28<sup>th</sup> at 11:30 a.m. Come join us for a bowl of Chili and help us judge which assisted living has the best recipe.
- 5.) Don't forget to check out our exercise room and classes as the New Year and new resolutions begin.
- 6.) Wood cravers meet on Wednesday mornings at 9 a.m. and would love to help folks find a new hobby. They have a free small project to come and try out.

- 7.) The UT Extension Office for Anderson County and the Anderson County Health Department will be offering a Take Charge of Your Diabetes Class beginning on February 25<sup>th</sup> at 1 p.m. Space is limited so please sign up soon.

### RECENT ACTIONS OF CITY COUNCIL

None

### **UNFINISHED BUSINESS**

Board members along with City Council Person Ellen Smith discussed the progress in the My Ride Oak Ridge program. There were 16 clients and 26 fully vetted volunteers at the present time. Ken Mayes mentioned that the way trips are counted towards to grant makes it look as if more trips have been taken. Instead of counting a round trip as 1 ride, each leg of a trip counts separately. When looked at that way the program has made 96 trips since being fully up and running in October.

### **NEW BUSINESS**

Board Chairperson Pat Gengozian led the board in a discussion involving setting goals for the board for the coming year and also forming committees to help move these goals forward. Some possible goals mentioned were to continue to make the center warm and welcoming to new participants. Develop new programs and partnerships. Try to attract new participants with a possible membership goal so that it could be a measurable goal. Look for possible funding and/or grants for the My Ride program as well as other programs at the center. Work on better publicizing the Senior Center and the activities it already sponsors. Pat then said she would work on revising and rewording the goals as needed and would send out to the board to look over before the next meeting.

Some of the committees that were discussed by board members were Marketing and communications, programs and events, financial and fundraising, and building decoration committees. After some discussion, a motion was made by Vice Chairperson Robert Smallridge to accept these as the committees to use. The motion was seconded by board member Jackie Nichols and then passed with a unanimous vote.

### **ANNOUNCEMENTS**

None

### **ADJOURNMENT**

The meeting was adjourned at 11:00 a.m.

Submitted by

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Linda McGhee, Recreation Manager

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Pat Gengozian, Board Chairperson