

SENIOR ADVISORY BOARD

Minutes of the March 2, 2020

The meeting was called to order at 9:31 a.m. in the F room of the Oak Ridge Senior Center by Chairperson Pat Gengozian.

SAB members present: Susan Asbury, Pat Gengozian, Marty Adler-Jasny, Gene Dunaway, Jackie Nichols, Lisa Plante, Al Skyberg, Dr. Elaine Bunick and Lynda Rose.

SAB members absent: Robert Smallridge and David Vudragovich.

Also present: Linda McGhee, Recreation Manager, Oak Ridge Senior Center and Ken Mayes, MyRide Oak Ridge Assistant.

VISITORS: Ellen Smith, City Council Person, Recreation and Park Director Jon Hetrick, Mary Stephens and Lindsey McElvy.

MINUTES APPROVAL: Minutes of the February 3, 2020 meeting were approved.

APPEARANCE OF CITIZENS

None

REPORTS

SENIOR CENTER RECREATION MANAGER REPORT

Linda McGhee reported the following:

- 1.) Both the Tai Chi and Pickleball programs will be closed the week of March 16th – 20th for the Civic Center Spring Break Camp.
- 2.) A new Intermediate Yoga class will start tomorrow and be held on Tuesdays at 9 a.m. The instructor also plans to start a beginner class in April immediately following the intermediate class at 10 a.m.
- 3.) There is a lunch and learn on March 3rd with Dr. Lee Easley. He will be speaking on Neck and Shoulder pain. There is space available.
- 4.) There is also a lunch and learn scheduled for March 10th with ASAP of Anderson County on Proper Medication Disposal. ORPD will be on hand to dispose of old medications from noon – 1 p.m. Also free medication lock boxes will be available to those who need them. Lunch will be sponsored by Freddie's Steakburgers.
- 5.) The MyRide Oak Ridge program will be holding a volunteer training on March 14th at 10 a.m. Space is available.
- 6.) Alzheimer's Tennessee is sponsoring a Memory Café on the 4th Monday of each Monday at 10 a.m. For more information or to be part of this group please call Linda Johnson or Jill Ladaa at (865) 544-6288 ext. 227.
- 7.) There is a day trip to the Cumberland County Playhouse scheduled for March 24th from 10 a.m. – 6 p.m. The show will be Clue. Cost is \$30 and lunch will be on your own at the Cracker Barrel restaurant.

- 8.) The VITA program (Volunteer Income Tax Assistance) will be helping people with taxes at the United Way's location at 728 Emory Valley Road. They are available on Mondays from 3:30 p.m. to 5:30 p.m., Tuesday – Friday from 3:30 p.m. to 8 p.m. and Saturdays from 10 a.m. – 12:30 p.m. through April 15th.

RECENT ACTIONS OF CITY COUNCIL

None

UNFINISHED BUSINESS

Board Chairperson Pat Gengozian mentioned committee reports and explained the committees set up at the previous meeting to the new members and asked for them to consider if they would serve on any of them. Jackie Nichols mentioned that the Events committee had met and did some brainstorming on events to draw in new people to the Senior Center. New member Lynda Rose mentioned having a background in marketing and that she might be interested in helping with the Events Committee.

Ken Mayes gave an update on the current status for the MyRide Oak Ridge program. As of right now, 208 rides have been given to a total of 26 clients by a total of 30 volunteers. As mentioned in new business section our program, along with the other programs sponsored through ETHRA, is currently under review by the Davidson County Chancery Court. This means that until there is a verdict from the Chancellor, then we can't move forward with building the program.

Finally, Chairperson Pat Gengozian discussed assigning contacts for publications to help spread the word about the Oak Ridge Senior Center and its programs. Marty Adler-Jasny and Jackie Nichols agreed to take on this role together.

NEW BUSINESS

Board Chairperson Pat Gengozian introduced new board members Dr. Elaine Bunick and Lynda Rose both of whom have an interest in working to help better the lives of seniors. She also introduced the alternate Lindsey McElvy who also is very interested in health and safety of our seniors. The rest of the Senior Advisory Board then went around the table and introduced themselves.

After this, Recreation and Parks Director Jon Hetrick spoke to the Board about issues that have come up with the MyRide Oak Ridge Senior Volunteer Transportation Network (SVTN) grant. This is a grant that is controlled by the Davidson County Chancery Court and the Chancellor has had some questions of the East Tennessee Human Resources Agency who is our direct grantee. There is a hearing scheduled in Nashville on March 4th with the Chancellor, ETHRA, MyRide Oak Ridge and MyRide Sevier County. City Recreation department and City Legal department staff will be traveling to Nashville for this hearing. Until there is a decision from the Chancellor the program is continuing with the status quo and not yet ramping up a push for more riders.

Elections for Senior Advisory Board Chairperson and Vice Chairperson have been moved to April since this is the first meeting for our new members.

ANNOUNCEMENTS

The O'Connor Senior Center Pancake Breakfast was announced to be held on Friday, March 6th from 7 a.m. to 1 p.m. Cost is \$5 and proceeds go to the O'Connor Senior Center.

ADJOURNMENT

The meeting was adjourned at 11:50 a.m.

Submitted by

Linda McGhee, Recreation Manager

Pat Gengozian, Board Chairperson