

OAK RIDGE SENIOR CENTER

JUNE 2022






Check out our website at www.oakridgeseniorcenter.com

Phone: (865) 425-3999

WEEKLY SCHEDULE

MON 9AM-5PM	TUE 9AM-7PM	WED 9AM-5PM	THR 9AM-7PM	FRI 9AM-5PM	SAT 9AM-1PM
10:30-11:30 S.A.I.L. Exercise 11-3 Pinochle 2-4 Repair or Recycle Workshop	9-10 Energizing Exercise 1-4 Bridge 1:30-2:30 Tap Dance 2:30-3:30 Tap Dance 1-4 Chess Group 4-6 Ping Pong	9-12 Woodcarving 9-10 Walk About Wednesdays 10:30-11:30 S.A.I.L. Exercise 10-12 Pinochle Lessons 10-4 Open Games	9-10 Energizing Exercise 1:30-3 Bingo 5-6 Beginning Ballroom Dance	9-12 Guitar Practice 10-2 Open Crafts 1-4 Bridge	9-1 Recreation Room, Exercise Room, and Lounge Open 9:30-12:30 Ping Pong

This Month's Non-Weekly Events

 <p>The Senior Center is looking for people to play Euchre! Give us a call if you are interested at (865) 425-3999.</p>	1)	2) 10-11 Coffee & Conversation: Meet and Greet with the Anderson County Sherriff's Department  Bingo Sponsored By Chick-fil-a	3)	4)
6) 9:30-11 S.A.B.	7)	8)	9) Bingo Sponsored By Munsey Pharmacy	10) 11)
13)	14)	15)	16) Bingo Sponsored By Farmers Insurance, Chris Smith Agency	17) 18)
20)	21) 12-1 Lunch and Learn: Neighborhood Watch Tips with the Anderson County Sheriff's Department 	22) 2-3:30 Senior Book Club 	23) Bingo Sponsored By Caris Healthcare	24) 25)
27)	28) 12-1 Lunch and Learn: Caption Call Phone Services 	29)	30) Bingo Sponsored By Select Physical Therapy	

The Senior Center is open Monday, Wednesday & Friday 9 a.m. - 5 p.m., Tuesday & Thursday 9 a.m. - 7 p.m. and Saturday 9 a.m. - 1 p.m.

Pre-scheduling of activities is recommended to ensure space is available.

NO LUNCH UNTIL FURTHER NOTICE

OAK RIDGE SENIOR CENTER ACTIVITIES

JUNE 2022

Scheduling of activities is still encouraged. Please reserve a space by stopping by or calling the Senior Center front desk at (865) 425-3999.

RECREATION AND EXERCISE ROOMS The Recreation and Exercise Rooms are open for drop in use. Equipment in either room can be used as needed but must be wiped down before and after each use.

BROWN BAG LUNCH AND LEARN The following educational programs will be offered in the month of June. You will need to bring your own brown bag lunch from home at this time but bottled water will be provided. Please no sharing of food or drink at the current time. Call the front desk at (865) 425-3999 to save a space.

Neighborhood Watch Tips with the Anderson County Sheriff's Department – Join Greg McBroom with the Anderson County Sheriff's Department on June 21st at noon to talk about how we can all work to make our neighborhoods safer.

How Can Caption Call Help You? – Join Sean Ledden with Caption Call on June 28th at noon to learn how Caption Call can help you understand phone calls better with a free caption enabled phone if you have a documented hearing loss.

COFFEE AND CONVERSATION A meet and greet with the Anderson County Sheriff's Department will be held in the Senior Center lounge on Thursday, June 2nd from 10 a.m. to 11 a.m. Please come out to meet Russell Barker our County Sheriff and talk with the officers who help to keep our county safe. Coffee and light refreshments will be available.

PING PONG GROUP PLAY Don't forget that the Senior Center is offering group play for ping-pong on Tuesday evenings from 4 p.m. to 6 p.m. and on Saturday mornings from 9:30 a.m. to 12:30 p.m. Play is open to all ability levels so come out have some fun and make new friends. You might even get some exercise too! One on one play is also available in the Recreation Room every day during regular center hours.

EUCHRE CARD GAME We are looking to start a group to play Euchre at the Senior Center. Please give us a call at (865) 425-3999 to let us know if you want to play. Date and time are TBA when we get enough player interest.

COMING IN JULY:

SENIOR CITIZENS DAY AT ANDERSON COUNTY FAIR Save the date for Wednesday, July 20th, from 11:30 a.m. to 5 p.m. at the Fair Grounds in Clinton. Free admission and goodie bags for 60+ while they last!

CENTER HOURS

Tuesday and Thursday 9:00 a.m. to 7:00 p.m.
Monday, Wednesday, Friday 9:00 a.m. to 5:00 p.m.
Saturday 9:00 a.m. to 1:00 p.m.
Closed on Sunday

**1405 OAK RIDGE TURNPIKE
(865) 425-3999**

**The Senior Center will be closed all day on Monday, July 4th.
Have a Happy Independence Day!**

