

# SENIOR ADVISORY BOARD

Minutes of the December 6, 2021

The meeting was called to order at 9:36 a.m. in the D room of the Oak Ridge Senior Center by Board Chairperson Pat Gengozian.

SAB members present: Pat Gengozian, Gene Dunaway, Brandy Sales, Robert Smallridge, Jackie Nichols and Elaine Bunick.

SAB members absent: Steven Barker, Lindsey McElvy, Marty Adler-Jasny, and Lisa Plante.

Also present: Linda McGhee, Recreation Manager, Oak Ridge Senior Center

VISITORS: City Council Person Ellen Smith.

**MINUTES APPROVAL:** Minutes of the November 1, 2021 meeting were approved.

## **APPEARANCE OF CITIZENS**

None.

## **REPORTS**

### SENIOR CENTER RECREATION MANAGER REPORT

Linda McGhee reported the following:

- 1.) The Senior Center will be closed on several days during the month of December. The Center will be closed on December 15<sup>th</sup> for training purposes. It will also be closed December 24<sup>th</sup> thru 27<sup>th</sup> for the Christmas Holiday and again on December 31<sup>st</sup> and January 1<sup>st</sup> for the New Year's Holiday. Masks and social distancing are still recommended but no longer required.
- 2.) The Veterans Day Drop In Recognition was a success. Sixty veterans pre-registered for the event as well as 12 on the day of the event. Music from the Golden Eagles was greatly enjoyed as were the homemade Red, White, and Blue Oatmeal Cookies. Prizes were given for the oldest male and female veteran (96 and 98 respectively), most years served (34), and a random drawing for each branch of service.
- 3.) There is one educational program scheduled for the month of December. Mac's Pharmacy along with NHC Home Health will be here on December 7<sup>th</sup> at noon to discuss the importance of proper medication management and how they can help with the process.
- 4.) The Senior Center will be having our Annual Holiday Reception on Friday, December 10 from 11 a.m. to 1 p.m. in the Civic Center Gym. This year's party will require pre-registration to help with keeping participants safe from COVID-19. A light, pre-boxed lunch will be served to participants along with live holiday music played by the Golden Eagles. There will also be door prizes and bingo.

- 5.) The Senior Center will also be having an ornament decorating party on Friday, December 17<sup>th</sup> from 1 p.m. to 3 p.m. Sign up by December 13<sup>th</sup> to be counted for the event.
- 6.) We currently have 852 participants in our system along with 564 unique email addresses.

## RECENT ACTIONS OF CITY COUNCIL

None

## **NEW BUSINESS**

Chairperson Pat Gengozian led a discussion of the proposed bylaws and rules for the Senior Advisory Board. The rules and bylaws have been updated to reflect consistency across all city boards and commission and had been sent to members to review before the meeting. Vice Chairperson Jackie Nichols made a motion to accept the bylaws as presented. Board member Bob Smallridge seconded the motion and it passed unanimously by members present. Board member Bob Smallridge made a motion that the rules should also be accepted as presented. The motion was seconded by Board Vice Chairperson Jackie Nichols and also passed by a unanimous vote of members present.

Chairperson Pat Gengozian also mentioned that absentee members need to make sure to follow the guidelines in the bylaws. The board is down one permanent member and when others are out it can make us not have a quorum.

## **UNFINISHED BUSINESS**

None

## **COMMITTEE REPORTS**

### **Programming Committee Report**

Program committee chairperson Marty Adler-Jasny was absent but sent a written report that was reviewed by the board and accepted. Board Chairperson Pat Gengozian also said that she would like to get a back-exercise program started that can be done by video a couple of times a week. Board member Dr. Elaine Bunick also mentioned possibly some sort of self defense class for seniors.

### **Transportation Report**

No report

### **Public Relations Report**

Board member Brandy Sales reported on an idea for an “End of the Year Campaign” which could include some “did you know...” type facts and call to follow us on Facebook. He also mentioned a plan for 2022 including internal activities like using table tent cards to announce things to our regular attendees and doing surveys. He also mentioned external activities such as printing information and putting it out in the community with a street team along with using social media more consistently.

### **Special Events Report**

Board Vice Chairperson Jackie Nichols spoke about the main special event being an expanded Grandparents day in September of 2022. Of course, this would be dependent on whether or not COVID is still a big issue. Another idea brought up was to have a Senior Safety Day that could include demonstrations of self-defense, talks about fire safety, and other safety related issues.

### **ANNOUNCEMENTS**

Board Chairperson Pat Gengozian recognized Board member Bob Smallridge for his many years of service to our city on the Senior Advisory Board as well as all of his other positions and duties over the years. The board thanked him for his tireless service and wished him well in all of his other endeavors.

### **ADJOURNMENT**

The meeting was adjourned at 11:00 a.m.

Submitted by

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Linda McGhee, Recreation Manager

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Pat Gengozian, Board Chairperson